

## Central Disability Sport Coach Education Calendar Academic Year 2018- 2019

*Note: All courses and workshops can be accessed by coaches, volunteers, teachers/ support staff, local authority representatives and NHS partners from the Forth Valley area*

### Disability Inclusion Training - Athletics

This workshop has been designed for coaches interested or already working with athletes with a disability. They will be led by experienced Scottish Disability Sport/UKA coaches. Workshop will cover aspects of disability awareness, classification, competition structures and opportunities for practical 'hands on' coaching.

**Venue:** Grangemouth Sports Stadium  
**Date:** Monday 17<sup>th</sup> September 2018  
**Time:** 5.30-8.30pm  
**Cost :** No cost to Forth Valley individuals/ representatives  
**To book:** contact Shona Malcolm on 0131 539 7348 or [shonamalcolm@scottishathletics.org.uk](mailto:shonamalcolm@scottishathletics.org.uk)

### Disability Archery Training

This workshop designed for coaches/teachers and volunteers interested in working with athletes with a disability. This workshop delivered by Scottish Archery, will cover practical and teaching methods to offer coaches an insight into archery and how to best athletes with differing abilities.

**Venue:** Grangemouth High School  
**Date:** Thursday 27<sup>th</sup> September 2018  
**Time:** 5.00pm – 8.00pm  
**Cost:** Free  
**To book:** contact Cheryl Lappin [cheryl.lappin@scottishdisabilitysport.com](mailto:cheryl.lappin@scottishdisabilitysport.com) to book your place on this workshop

### Boccia UKCC Level 1

The course content includes; Planning and preparation, effective communication and demonstration skills, how to give appropriate and constructive feedback, evaluating activities and understanding of Boccia and coaching principles

**Venue:** Lochgelly High School, KY5 8LZ  
**Date:** 29 & 30 September 2018  
**Cost:** £250.00 with 40% subsidy available from sportscotland.  
**To book:** For more information or to register contact 0131 317 1130/  
[admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com)

### **Scottish Swimming -Inclusive Teaching Workshop (GOGA funded)**

**Venue:** Carrongrange High School  
**Date:** Wednesday 3<sup>rd</sup> October 2018  
**Time:** 3.00pm – 6.00pm  
**Cost :** No cost to Forth Valley representatives via GOGA  
**To book:** contact Cheryl Lappin  
[cheryl.lappin@scottishdisabilitysport.com](mailto:cheryl.lappin@scottishdisabilitysport.com) to book your place on this workshop



### **Boccia Leaders Award**

The Boccia Leaders Award will provide coaches, teachers and volunteers with the knowledge, skills and confidence to introduce boccia to children, young people and adults with a wide range of abilities. The tutor will organise theory and practical sessions that provide an overview of the structure of the sport, rules and relevant practices.

**Venue:** Alloa Academy, Clackmannanshire  
**Date:** Thursday 4<sup>th</sup> October 2018  
**Time:** 4.30pm – 7.30pm  
**Cost:** No cost to Forth Valley individuals/ representatives  
**To book:** Contact Caroline Lyon at [admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com)

### **Indoor Bowls Workshop**

The course is aimed at anyone interested in learning about delivering disability bowls sessions which will enable leaders to deliver fun games and learn the basics of indoor bowls.

**Venue:** Falkirk Indoor Bowling Centre  
**Date:** Tuesday 6<sup>th</sup> November 2018  
**Time:** 5.30pm – 8.30pm  
**Cost:** Free  
**To book:** contact Lisa Male at Falkirk Community Trust [Lisa.Male@falkirkcommunitytrust.org](mailto:Lisa.Male@falkirkcommunitytrust.org) to book your place on this workshop

### **Inclusive Badminton Workshop**

This workshop designed for coaches interested in working with athletes within badminton. This workshop, delivered by Badminton Scotland will cover practical and teaching methods to offer coaches an insight into how to best deliver badminton to players with different impairments and differing abilities.

**Venue:** Grangemouth High School  
**Date:** Wednesday 7<sup>th</sup> November 2018  
**Time:** 5.00pm – 8.00pm  
**Cost:** Free  
**To book:** contact Lisa Male at Falkirk Community Trust [Lisa.Male@falkirkcommunitytrust.org](mailto:Lisa.Male@falkirkcommunitytrust.org) to book your place on this workshop

### **Dance Disability Inclusion Training**

This course will take you through practices to include all children in your current dance sessions regardless of their physical ability, with ideas and understanding of how we move healthily. You must have some experience of delivering or leading dance to attend this course.

**Venue:** Falkirk Town Hall  
**Date:** Monday 12<sup>th</sup> November 2018  
**Time:** 4.30pm – 6.30pm  
**Cost:** Free  
**To book:** to book and for more info on this course please contact [Kirsty.love@falkirkcommunitytrust.org](mailto:Kirsty.love@falkirkcommunitytrust.org).

### **Scottish Swimming -Inclusive Coaching Workshop (GOGA funded)**

**Venue:** Stirling University Swimming Pool  
**Date:** Sunday 3<sup>rd</sup> February 2019  
**Time:** 12:30 – 5:30pm  
**Cost :** No cost to Forth Valley representatives via GOGA  
**To book:** contact Cheryl Lappin [cheryl.lappin@scottishdisabilitysport.com](mailto:cheryl.lappin@scottishdisabilitysport.com) to book your place on this workshop



### UK Disability Inclusion Training and workshops

This is an excellent introductory workshop into disability sport in Scotland. This course provides delegates with the following opportunities

- To recognise and influence how perceptions and experience have on interactions and our expectations of others
- Identify appropriate disability-specific terminology, etiquette and communication
- Articulate the principles of current legislation and know who to contact for further information
- Outline the barriers which may need to be challenged in order to create opportunity
- Identify the participation opportunities within disability sport
- Recognise how to influence (even change) practices and facilitate inclusion

**Course:** Disability Inclusion Autism Training  
**Venue:** Grangemouth High School  
**Date:** Tuesday 12<sup>th</sup> March 2019  
**Time:** 5.00pm – 8.00pm  
**Cost:** £20.00  
**To book:** Contact Caroline Lyon at [admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com)

### Central Disability Sport Contact Details

<i>Organisation</i>	<i>Lead officer Disability Sport</i>	<i>Telephone Number</i>	<i>Email address</i>
Scottish Disability Sport	Cheryl Lappin (Willet)	07577 830360	<a href="mailto:cheryl.lappin@scottishdisabilitysport.com">cheryl.lappin@scottishdisabilitysport.com</a>
Forth Valley Disability Sport	Graham Harvey	01786 466485 07527 147685	<a href="mailto:graham.harvey@fvds.org.uk">graham.harvey@fvds.org.uk</a>
Forth Valley Disability Sport	Mitchell Graham	Text only 07912858412	<a href="mailto:Mitchell.graham@fvds.org.uk">Mitchell.graham@fvds.org.uk</a>
Active Stirling	Colin Naismith	0300 028 0101	<a href="mailto:naismithc@activestirling.org.uk">naismithc@activestirling.org.uk</a>
Clackmannanshire Council	Jackie Perez	01259 452340	<a href="mailto:jperez@clacks.gov.uk">jperez@clacks.gov.uk</a>
Falkirk Community Trust	Lisa Male	01324 590931	<a href="mailto:lisa.male@falkirkcommunitytrust.org">lisa.male@falkirkcommunitytrust.org</a>
Forth Valley Disability Sport	Eva Finlayson	07761031982	<a href="mailto:goga@fvds.org.uk">goga@fvds.org.uk</a>