

Adults Disability Sports Programme

Year 2018 – 2019

October

Event: **Multi-Sport Event**
Venue: Grangemouth Sports Complex
Date: Friday 26th October 2018
Time: 10:30am to 2:30pm
Age: 16 Year and up for people with physical, learning and sensory disabilities
Aim of Event: To give participants the opportunity to try out a number of different sports in a fun and enjoyable environment November

Event: **Senior Bowling Festival**
Venue: Falkirk Indoor Bowling Club, Camelon
Date: Wednesday 5th December 2018
Time: 12noon to 2pm
Age: 16 Year and up for people with physical, learning and sensory disabilities
Aim of Event: To give participants the opportunity to try out the sport of Bowling in a fun and enjoyable environment, to compete against members from different day centres and agencies

January

Event: **Senior Boccia Competition**
Venue: Grangemouth Sports Complex
Date: Thursday 24th January 2019
Time: 10.00 am – 2:00pm
Age: 16 Year and up for people with physical, learning and sensory disabilities
Aim of Event: To give participants the opportunity to try out the sport of boccia in a fun and enjoyable environment, to compete against members from different day centres and agencies.

March

Event: **FVDS Regional Club and Schools Swimming Championships**
Venue: Grangemouth Sports Complex
Date: Saturday 2nd March 2019
Time: 1.00 pm – 5.00 pm
Age: School and club swimmers with physical, learning and sensory disabilities

Aim of Event: Introduction to competition and qualifier for SDS Junior & Senior Championships.
Organiser: Graham Harvey, Forth Valley Disability Sport Co-ordinator

April

Event: **Multi-Sport Event**
Venue: Grangemouth Sports Complex
Date: Thursday 25th April 2019
Time: 10:30am to 2:30pm
Age: 16 Year and up for people with physical, learning and sensory disabilities

Aim of Event: To give participants the opportunity to try out a number of different sports in a fun and enjoyable environment

May

Event: **FVDS Regional Bowling Qualifier**
Venue: Alloa East End Bowling Club
Date: Friday 31st May 2019
Time: 10:30am to 3:30pm
Age: 16 Year and up for people with physical, learning and sensory disabilities

Aim of Event: To give participants the opportunity to try out a number of different sports in a fun and enjoyable environment

June

Event: **Forth Valley Disability Sport Junior and Senior Football Comp**
(7's comp incorporated into Clackmannanshire Football For all Festival)

Venue: Stenhousemuir FC
Date: Thursday 6th June 2019
Time: TBC
Age: Secondary school aged pupils with physical, learning and sensory disabilities, Senior 18 + teams

Aim of Event: Inter area competition for Forth Valley schools and teams.
Selection for Regional Development Squads

Easter & Summer programme

FVDS will also be organising an Easter and summer programme for Adults with a disability in the 2018-19 calendar venue yet to be confirmed.

Easter programme

Easter Programme week 1 Dates April 1st and 5th 2019 Venue in Falkirk
 Easter Programme week 1 Dates April 1st and 5th 2019 Venue in Clackmannanshire
 Easter Programme week 2 Dates April 8th and 12th 2019 Venue in Clackmannanshire

Summer programme

Summer Programme week 1 Dates July 1st /5th 2019 Venue Clackmannanshire
 Summer Programme week 2 Dates July 8th/ 12th 2018 Venue Clackmannanshire
 Summer Programme week 3 Dates July 15th /19th 2018 Venue Clackmannanshire
 Summer Programme week 2 Dates July 8th/ 12th 2018 Venue Falkirk
 Summer Programme week 3 Dates July 15th /19th 2018 Venue Stirling

Central Disability Sport Contact Details

Organisation	Lead officer Disability Sport	Telephone Number	Email address
Active Stirling	Colin Naismith	0300 028 0101	naismithn@activestirling.org.uk
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