



Forth Valley Disability Sport Special Olympics Report Bath 2013

By Graham Harvey

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1.0 Introduction

I am writing this report to be archived to give a detailed account of what exactly was involved in the planning organisation, preparation and development of entering a Forth Valley Team in the National Summer Games organised by Special Olympics Great Britain.

The Special Olympics Great Britain National Summer Games for people with intellectual/Learning Disabilities the event was held in Bath this year 2013 from the 28th August to 1st September 2013.

Forth Valley Disability Sport sent a team of 50 athletes and 20 coaches' 10 volunteers/ careers (from Stirling, Falkirk and Clackmannanshire areas)

Individuals and teams competed in the Football, Boccia, Swimming, Athletics, and Golf events at the Special Olympics Games.

I would also like to say that without the whole team pulling together the Special Olympics would not have been such a success.



2.0 Athletes

Athletes were selected from existing class and clubs training weekly throughout the Forth Valley area. Forth Valley Disability Sport had 50 Athletes in total competing in the Special Olympics National Games in Bath. Athletes competed in five sports Athletics, Boccia, Football, Golf, and Swimming. For every athlete to attend the games the following forms had to be completed

- Letter of Invitation into the FVDS Special Olympics team
- Proof of Eligibility from medical or educational professional.
- SAM number forms
- Release forms
- Medical forms
- Two Pictures for each athlete
- Event entry forms
- Equal Opportunities form

We also asked all athletes to complete a code of conduct form for FVDS to promise to behave and abide by FVDS AND SOGB rules. To meet the criteria to be able to compete at the games every athlete must have competed at a Regional or National Qualifying event within two years for the games itself.



3.0 Coaches

FVDS Special Olympics team had 20 coaches that went with the team to Bath. Every team had at least a Head coach and one Assistant coach. Every Coach had there own forms to be completed.

- Coach Entry form
- Equal Opportunities form
- PVG Checks forms
- Volunteer registration form
- Volunteer code of conduct form
- Two pictures of each coach
- Medical form
- Child Protection Training
- Head coaches / HOD manual from SOGB
- Coaches pack made up before we left for the Games.

FVDS also asked every coach to sign a forms stating that they will comply with FVDS code of conduct, Child protection policy and Risk Assessments. Every Team also trained at least once per week on the run up to the games with there own team coach.



4.0 Volunteers

FVDS Special Olympics team had 10 Volunteers that went with the team to Bath. Every team had at least a one volunteer. Every Volunteer had there own forms to be completed very similar to the coaches' information.

- Coach Entry form
- Equal Opportunities form
- Disclosure Checks forms
- Volunteer registration form
- Volunteer code of conduct form
- Two pictures of each coach
- Medical form
- Child Protection Training

FVDS also asked every Volunteer to sign a forms stating that they will comply with FVDS code of conduct, Child protection policy and Risk Assessments.

5.0 Meetings

Every four to six weeks head coach meetings where held on the run up to the Special Olympics over a period of eight month. These meeting were used to discuss the Special Olympics in greater detail for example.

- Any problems that individual head coaches or groups have
- Ideas of what head coaches require from branch co-ordinator and what FVDS require from each coach/ athlete
- Information to be handed out
- Opportunity for questions to be asked
- Also group discussion about individual topics

Athlete/ Parents meeting where also held every two months on the run up to the Special Olympics. Allowing all members to be kept informed of Special Olympics issues.

For the next Special Olympics the selected Athletes should have all there pictures and Sam forms Completed at the first team meeting to reduce time later on.

6.0 Travel / Transport

The Special Olympics team required transport to and from Bath. However transport in and around Bath during the games as this was provided.

The company we travelled to Bath with was by Stacey's Coaches Ltd of Carlisle.

Total Cost = £4995:00

For future games I think to prevent some transport problems FVDS should take at least one if not two mini buses to the next Special Olympics if there is venue out side the campus or town area.

The main requirements for the bus are Air Conditioning, Toilets that work, comfortable seating and television/ DVD players.

7.0 Accommodation

FVDS stayed at Solsbury Court and Woodland Court in Bath it was a very clean modern building. All Helpers and volunteers were very welcoming and Helpful. All rooms had individual toilet and shower facilities with single or double beds. Our Volunteer key worker system worked really well with all athletes supervised around the clock. The Student halls had good security facilities and Key entry system ensured safety

8.0 Individual Team & Sports kit

The majority of the FVDS Special Olympics Kit was purchased at RJM Sports suppliers in Falkirk. The service was excellent. Team clothing for all athletes, coaches and volunteers is as follows.

Standard Athlete Kit Red /

Black	Quantity	Unit Price £	Total
Tracksuit	1		
T Shirts	1		
Polo Shirt	1		
Raincoat	1		
			£95.85

Coaches / Volunteer Kit

White / Black	Quantity	Unit Price £	Total
Tracksuit	1		
T Shirts	1		
Polo Shirt	1		
Raincoat	1		
			£95.85

Embroidery was free from RJM Sport Ltd within the team kit.

Specific sport kit was supplied by each individual club for there individual sport.

9.0 Insurance

Public Liability Insurance along with Travel insurance was purchased for the Special Olympics Fundraising appeal and for transport to the games.

The company that I got the policy from was Keegan & Pennykid.

Public Liability Insurance	£420.00
Travel Insurance	£399.00

FVDS also had to pay FVDS Accreditation and Insurance fees to compete in the Special Olympics.

Accreditation fees	£200.00
Insurance fees	£105.00

10.0 Finances

FVDS Special Olympics Costs

	Qty	Unit Cost	Total
Insurance			
Public Liability insurance			£420.00
Travel Insurance			£410.25
Accreditation Fees			£200.00
Insurance Fees			£105.00
			£1,135.25
Accommodation			
4 Nights Accommodation	81	£375	£30,375:00
Coca Cola Sponsorship			-£5000:00
			£25,375.00
Transport Costs			
Coach Hire – Stacey’s Coches Ltd			£4995.00
			£4995.00
Team Kit			
Track Suits	81		
Extra Track Suit costs	81		
Polo Shirts	81		
T-Shirts	81		

Raincoats	81	
Unit price		£95.85
81 full kits		£7,764.48
Extra Kit		£367.61
Total		£8,132.09
Misc		
Courses		£966.65
Wrist bands		£348.00
Bath Conference		£758.48
Club repayment costs		£1,000.00
Facility Hire		£509.22
		£3,582.35
Total Expenditure		£42,085.57

11.0 Fundraising

To be able to compete at the Special Olympics in Bath FVDS had to fundraise £ £,000. From Leicester Forth Valley Disability Sport has a surplus of around £14,000 With our whole team pulling together to reach our target the total raised for the games is £ 33,191.03. We did many different methods to achieve our targets for example.

- Grant Applications.
- Voluntary Action fund
- Supermarket bag packs
- Psychic Nights
- Football club collections
- High Street & Shopping centre collections.
- Discos
- Display by Gymnastics team
- Sponsored Runs, swims, hill walks and Horse Riding
- Letters to Rotary, Masonic halls and other charities
- Letters to local businesses
- Individual athlete fundraising
- Funding Charities
- Football Cards
- Donations from Public
- Bingo Tea/ Dance
- Coal Fields Regeneration Fund

Athlete fundraising - every athlete was asked to pay/ fundraise £375.00 towards there trip and to.

Volunteers and coaches had a lot of involvement in the team fundraising events while doing there own individual fundraising. With out this team fundraising events we would never have competed in the Special Olympics.

Fundraising Income

- Clubs/ Athletes/ Families / coaches £29,625.00
- Leicester Surplus £14,000.00
- Team & Group Fundraising £3566.00

Total Fundraising Income	£47,191.00
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Total Expenditure	£42,085.57
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Surplus	£5105.43
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I would like to say an enormous to thank you to everyone that has supported donation and helped to get the Forth Valley Team to the Special Olympics in Bath. Without your help and commitment we would not have been able to take the team to the National Summer Games in Bath.

The remaining surplus will be used for the following:

Bath payment for the next day stay : £972:00
Bath send off hall let costs : £200.00

SOS & SOGB accreditation costs: £325 per year

Grant Aid support for European and World Special Olympics.

12.0 FVDS Special Olympics team results

Athletics

Name	Area	Gold	Silver	Bronze	Other Placing
Steven Stone	Falkirk	2			
Lorraine Keigan	Falirk	1	1	1	
Chloe McLean	Stirling	1	2		
George Le Hardy	Falkirk		2	2	
Alana Burton	Falkirk		2		
Caitlyn Ross	Falkirk		2		
Niall Finlayson	Stirling		1	2	
Kenneth Holderness	Falkirk			2	
Bruce Anderson	Stirling			2	
Liam Nolan	Falkirk			2	
Athletics Total Individual		4	6	7	
Team			1	1	

Boccia

Name	Area	Gold	Silver	Bronze	Other Placing
Lee Duncan	Clackmannanshire	1	1		
Stephen Donaldson	Clackmannanshire	1	1		
Darren Rooney	Clackmannanshire	1			5th
Ellie Thompson	Falkirk		2		
Corey Paterson	Falkirk			1	5th
Neil Carruthers	Clackmannanshire				4 th / 5th
Boccia Total Individual		3	1	1	
Team			1		

Football

Name	Area	Gold	Silver	Bronze	Other Placing
Forth Valley 1	Stirling				5th
Forth Valley 2	Stirlig		1		
Football Totals			1		5th

Golf

Name	Area	Gold	Silver	Bronze	Other Placing
Andrew Stuart	Stirling	1			
Golf Totals		1			

Swimming

Name	Area	Gold	Silver	Bronze	Other Placing
Swimming					
Gavin Miller	Clackmannanshire	3			
Frank Maguire	Falkirk	2			
Claire Robertson	Clackmannanshire	1	2		
Robin Turner	Stirling	1	2		
Marc Lumsden	Stirling	1	1		
Craig Stirling	Falkirk	1	1		
Paul Wotherspoon	Falkirk	1	1		
Andrew Wright	Clackmannanshire	1		1	
Elizabeth Jackson	Clackmannanshire	1			
James McDonald	Falkirk	1			
John Thompson	Stirling		2	1	
Lewis Kellett	Falkirk		1	2	
Nathan Boyle	Stirling		1		
Gordon Reid	Stirling		1		
Virginia Shaw	Stirling				4 th , 5th
Claire Mathewson	Stirling				4th
Glen Shannon	Stirling				5th
Sharon Sloan	Stirling				6th
Darren Bryne	Stirling				7th
Swimming Totals : Individual		9	4	4	
: Team		1	2		

Overall Medal Success	Gold	Silver	Bronze
Medal Totals Individuals	17	11	12
Team	1	5	1

The **overall** total of the medal success is **18 Gold, 16 Silver and 13 Bronze.**

13.0 Summary

Forth Valley Disability Sport Team has excelled themselves in the 9th Special Olympics National Summer Games which was hosted in the City of Bath between Wednesday 28th August and Saturday 31st August 2013. Forth Valley Special Olympics Teams medal haul has reached 47 medals overall.

Fifty athletes aged 12 to 50 years of age from Falkirk, Stirling and Clackmannanshire represented Forth Valley in the Special Olympics National Summer Games which is a competition for people with learning disabilities and is organised by Special Olympics GB.

The athletes have competed against 1700 athletes from 16 other regions in the UK in athletics, boccia, football, golf, and swimming.

The games began with an exciting opening ceremony which set the scene for the three day competition with performances from world famous signer Susan Boyle and many other well know celebrates. Football pundit Lawrie McMenemy welcomed the athletes in their parade as they entered into the centre of the Royal Crescent in Bath to the electric atmosphere of the cheers from family and friends.

The Forth Valley Team have been training hard for the competition which took place in 4 venues throughout Bath with 9 out on the 12 sports being held on the University of Bath campus at its fantastic sporting facilities. The commitment of the athletes has been evident in the results which you can see listed below. Well done to all of our Special Olympics athletes many of which medalled and recorded personal best shaming there old times by up to 6 seconds.

Forth Valley Disability Sport would also like to thank everyone who helped the Special Olympics team to be so successful a few companies, clubs and organisation are listed below: Stacey's Coaches Ltd, Bannockburn Miners Welfare Social Club, The Tartan Arms, Morrions Supermarket, Sainsbury's Supermarket, Asda Supermarket, Forth Valley Flyers Athletics club, Right on Target Boccia Club, Stirling City All Stars, Enable Arion Swimming Club, Carrongrange School, Ladeside Primary School, Stirling Albion FC , Clackmannanshire Healthy living and the Voluntary Action Fund

14.0 Acknowledgements

Forth Valley Disability Sport wishes to thank the many agencies which have supported its Special Olympics Team in the last year, and wish to thank the following in particular.

- Falkirk Council
- Stirling Council
- Clackmannanshire Council
- McQ's Restaurant
- Falkirk District Sports Council
- Alloa Academy
- Falkirk FC
- Stirling Albion FC
- Alloa Athletic FC
- Clackmannan Sports Council
- ASDA Alloa
- Stirling Morrison's Supermarket
- Stirling Tesco Supermarket
- Clackmannan Bowling Club
- Clackmannan Community Chest
- Voluntary Action Fund
- Carrongrange School
- Larbert High School
- Wallace High School
- Stirling High School
- 2e-volve
- Kerry Bio Science Menstrie
- Grand Boys Stirling
- Tullibody Health Living Initiative Ltd
- Inner Wheel Club of Stirling
- Alloa Rotary Club
- Bannockburn Miners Welfare
- Larbert Round Table
- Dobbies Garden Centre
- Sauchie Bingo
- Active Stirling
- Clubsport Stirling
- Cost cutters Doune
- Ciscos Stirling
- Debenhams Stirling
- Ace Recycling
- Forth Valley College
- Psychics Louise and Mary