

## Volunteer Role Description

Volunteer Role: Stirling City All Stars Football Club : Volunteer Helper  
Estimated Time Commitment: 2-3 hours per week

### Overview

Stirling City All Stars is a local club based in Stirling that provides Football and social opportunities to, young people and adults who are ambulant with physical and learning disabilities.

The Club trains on a Monday evening 6pm to 7pm at the Raploch Campus astro football pitch in Stirling and at Kings Park in Summer months.

### Volunteer Role:

We are looking for a Volunteer Helper to assist the coach and ensure that sporting activities are carried out safely. Your responsibilities will include –

- Helping small groups of participants to achieve the aims of the session, either practicing skills or playing a game
- Organising and supervising each session and ensuring the area is safe
- Completing a register of those attending along with details of any needs and emergency information
- Being aware of any needs of the participants (i.e. level of fitness, medical conditions, physical, learning or sensory disabilities)
- Following policy and procedures of Forth Valley Disability Sport including accident reporting, health and safety

### Volunteer requirements:

- A strong interest in sport and helping disabled children and adults
- Good organisational, time keeping, communication and people skills
- Enthusiastic, reliable and trustworthy
- Able to give a commitment of 2/3 hour per week

### What we provide:

- 100% help and support
- A worthwhile voluntary experience and the chance to have fun in your spare time
- Future references for a job or course
- Volunteer certificate
- Volunteer expenses

If you would like any further information, or to discuss how you could become involved with the Stirling City All Stars, contact Graham Harvey on 01786 466486 or email [graham.harvey@fvds.org.uk](mailto:graham.harvey@fvds.org.uk)