



# Forth Valley Disability Sport News

Issue 15

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## Forth Valley Disability Sports First Regional Lawn Bowls Championships

15 Adults from the Forth Valley area came to Alloa East End Bowling Club in Alloa on Friday 30<sup>th</sup> May 2014 to compete in the first ever FVDS Regional Lawn Bowling Championships for the opportunity to qualify for the Scottish Disability Sport National event in Aberdeen in September.

The bowlers with physical, sensory and learning disabilities enjoyed a very competitive event in brilliant sunshine. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions in each category received Gold, Silver and Bronze medals for their performances. Please see results below:

The next FVDS Newsletter will be out in March 2014. If you have any information or stories for the next edition email :

Picture on the right:

Bowlers at the first FVDS Lawn Bowling qualifier held at the alloa east end Bowling Club on Friday 30th May 2014



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## **Forth Valley Disability Sports**

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### **First Regional Lawn Bowls Championships Continued**

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Thanks must also go to the umpires, officials and carers for their help and support on the day.

If you are a adult with a disability or parent /carer of a child with a disability and would like more information about bowling opportunities in Falkirk, Stirling and Clackmannanshire, please contact Forth Valley Disability Sport on Tel: 01786 466486 or email

[info@fvds.org.uk](mailto:info@fvds.org.uk)

### **RESULTS**

#### **Male Wheelchair Bowlers:**

1st Place: Alistair Scott

2<sup>nd</sup> Place Andrew Hirst

3<sup>rd</sup> Place Les Tiss

#### **Female Wheelchair Bowlers**

1<sup>st</sup> Place Lizzie Jackson

#### **Male Bowlers with a Learning Disability**

1st Place: Frank Maguire

2<sup>nd</sup> Place: Robert McWilliams

3<sup>rd</sup> Place: Peter Copland

#### **Ambulant Bowlers with a Physical Disability**

1<sup>st</sup> Place Ian Watson

2<sup>nd</sup> Place Don Paton

### **FVDS FUNDRAISING**

Thank you to everyone that has helped FVDS to fundraise over the past few months. All our funding for our sport events comes from fundraising events and donations.

If you would like to make a donation to FVDS or help with fundraising, please do not hesitate to contact us on Tel: 01786 466486 or email [info@fvds.org.uk](mailto:info@fvds.org.uk).

### **Get Involved in FVDS**

We are always looking for new volunteers to help with clubs and events . If you or anyone else you know are interested in volunteering and would like to find out more, please contact Graham Harvey, Forth Valley Disability Sport Tel: 01786 466486 or email [info@fvds.org.uk](mailto:info@fvds.org.uk)

## Regional Multi-sport Summer Programme

The regional multi-sport summer programme is designed for individuals with physical, learning and sensory disabilities from the Forth Valley area. It is a joint venture with FVDS in Partnership with Scottish Disability Sport, Clackmannanshire Council, Active Stirling and Falkirk Community Trust to develop the programme and activities.

During the summer holiday there will be two different weeks of activities. Please see below for further details

### Week One

Venue: Alloa Academy

Junior programme: Monday 14th July to Wednesday 16th July 2014

Primary and Secondary aged pupils

Senior Programme: Thursday 17th July to Friday 18th July 2014

Adults aged 16+

Time: 1:00 to 3:00pm

**To book a place or for more information please contact**

Graham Harvey

Tel: 01786 466486

Mob : 07527 147685

Email: [Graham.harvey@fvds.org.uk](mailto:Graham.harvey@fvds.org.uk)

Jean Duncan

Active Schools ASN Co-ordinator,

Tel: 01259 452339

Email: [jduncan@clacks.gov.uk](mailto:jduncan@clacks.gov.uk)

### Week Two

Venue: Grangemouth Sports Complex

Junior programme: Monday 11th August to Wednesday 13th August 2014

Primary and Secondary aged pupils

Senior Programme: Thursday 14th August to Friday 15th August 2014

Adults aged 16+

Time: 1:00 to 3:00pm

**To book a place or for more information please contact**

Graham Harvey

Tel: 01786 466486

Mob : 07527 147685

Email: [Graham.harvey@fvds.org.uk](mailto:Graham.harvey@fvds.org.uk)

Fiona Hamilton

Falkirk Sports Development

Tel: 01324 590964

Email:

## Clackmannanshire Football For All Festival

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On Friday 6<sup>th</sup> June 2014 at Alloa Rugby club eight teams from Falkirk, Stirling and Clackmannanshire came together to compete at the Annual Football for All Festival organised by Clackmannanshire Council Sports development department.

On the day a total of 130 children, young people and Adults with a physical, learning or sensory disability participated in the football tournament and additional activities such as beat the goalie, Football skills, Golf Putting, Rackets ball and Boccia

The seven aside disability football section was supported by Alan Morgan SFA Football Development Manager for Forth Valley and Scott Kinross SFA Football Development Office.

There were two divisions competing on the day, Band B and Band C Teams.

In both divisions the teams played each other in a round robin format for Gold, Silver and Bronze Medals.

On behalf of Forth Valley Disability Sport many thanks much go to the Clackmannanshire sports development team and all the coaches and volunteers that worked tirelessly to make sure the event was a success.

If you have a physical, learning or sensory disability and want more information on football or other disability sports on offer in the Forth Valley area please do not hesitate to contact FVDS on [info@fvds.org.uk](mailto:info@fvds.org.uk) or Tel: 01786 466486

### Results as follows:

#### Section 1

Stirling City All Stars: 1st, Carronrange: Yellow: 2nd, Carronrange: Maroon: 3<sup>rd</sup>

#### Section 2

Stoneywood: 1st, Centre Space: 2nd, Key Housing: 3rd



Picture above:

Group picture of all the footballers competing in the 7 aside football competition at Alloa Rugby Club for the Annual Football for all festival

## Scottish Disability Sport National Senior Championships for Swimmers with Learning Disabilities

Forth Valley Disability Sport took a team of 22 swimmers from two Clubs from the Forth Valley to the National Swimming Championships for swimmers with learning disabilities held at Scotstoun Leisure centre in Glasgow on Saturday 17<sup>th</sup> May 2014.

The swimmers competed against teams from throughout Scotland coming home with an excellent medal tally. All members of the team competed in finals in their events.

A total of 4 Gold, 4 Silver and 3 Bronze medals were won by different members of the Forth Valley team:-

- James McDonald Arion Club Gold 25m Freestyle Back Men
- Lizzie Jackson Arion Club Gold 25m Freestyle Back Women
- Paul Wotherspoon Arion Club Gold 50m Freestyle Back Men
- Paul Wotherspoon Arion Club Gold 50m Freestyle Front Men
- Paul Wotherspoon Arion Club Silver 25m Breaststroke Men
- Sharon Sloan Arion Club Silver 25m Freestyle Front Women
- James McDonald Arion Club Silver 25m Freestyle Front Men
  - Liam Nolan Arion Club Silver 50m Freestyle Front Men
  - John Thomson Arion Club Bronze 50m Freestyle Front Men
- Claire Mathewson Arion Club Bronze 25m Freestyle Back Women
- Claire Robertson Arion Club Bronze 50m Freestyle Front Women

Congratulations to the rest of the Forth Valley team who all competed at a very high standard. If you are an adult with a learning disability or parent/carer of a child with a learning disability and would like more information about swimming opportunities in Falkirk, Stirling and Clackmannanshire, please telephone Forth Valley Disability Sport on 01786 466486.

[www.fvds.org.uk](http://www.fvds.org.uk)

[www.facebook.com/ForthValleyDisabilitySport](https://www.facebook.com/ForthValleyDisabilitySport)

## Forth Valley Disability Sport Athletics Championships 2014

Grangemouth Stadium played host to the annual Forth Valley Disability Sport Junior Athletics Championships on Wednesday 14<sup>th</sup> May 2014. 135 children and young people from 11 schools in the Forth Valley Area competed in the running, jumping and throwing competitions.

The standard of the competitors was very high as the athletes were not only competing for medals they were also competing to qualify at the Scottish Disability Sport National Junior Athletics Championships to be held at the Grangemouth Stadium on Wednesday 4<sup>th</sup> June 2014.

All athletes received certificates and Gold, Silver and Bronze medals were presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places. Well done to all the medal winners for their performances. With many spectators in the stand the event had a fantastic atmosphere for all.

Event Winners were presented with medals by the Forth Valley Disability Sports Chairperson Angus Whyte.

Carrongrange School retained the overall schools trophy with many excellent individual performances, with Alloa Academy winner the 2<sup>nd</sup> place team trophy and Alva Academy winning the 3<sup>rd</sup> place team trophy.

Thanks must go to all the Scottish Athletics officials, Active Stirling, Falkirk Community Trust and Clackmannanshire Sport Development officers and Scottish Disability Sport members that helped on the day.

For further information on athletics classes and clubs on offer in your area for children or adults with physical, sensory and learning disabilities please telephone Forth Valley Disability Sport on 01786 466486 or email [info@fvds.org.uk](mailto:info@fvds.org.uk)



**Pictures below** : show athletes at the FVDS Regional Track and Field Championship participating in Track and Field events.



## **FVDS Youth Committee**

Are you enthusiastic, motivated, committed, good at decision making and keen to improve Forth Valley for young people? If so, the new FVDS Young Committee is the place you want to be.

FVDS is a local charity offering sporting opportunities for people with physical, sensory and learning disabilities throughout the Forth Valley area, from grassroots right through to world and Paralympic levels. We have a focus of identifying local talent who can form the next generation of athletes.

With this in mind, the young committee member will form an important role in enhancing the experience and driving the ethos of the Branch to school age pupils and young adults. The member will also be required to attend all committee meetings of FVDS (usually four or five per year) and to give reports of findings at these meetings.

Of course, there is an opportunity to enhance your qualifications through the Saltire Awards and gain experience and shape the future of sport and physical activity in Forth Valley.

For more info contact

Mitchell Graham on:

Mob: text only: 07912858412

Email: Mitchel.graham@fvds.org.uk

## **Contacts for Disability Sport in the Central Area**

### **Scottish Disability Sport**

Cheryl Willet - Regional Manager Central Scotland

Tel: 07577830360

Email: Cheryl.willet@scottishdisabilitysport.com

### **Forth Valley Disability Sport**

Graham Harvey

Tel: 01786 466486

Mob : 07527 147685

Email: Graham.harvey@fvds.org.uk

Mitchell Graham

Mob: text only: 07912858412

Email: Mitchel.graham@fvds.org.uk

### **Clackmannanshire Council**

Jean Duncan

Active Schools ASN Co-ordinator,

Tel: 01259 452339

Email: jduncan@clacks.gov.uk

### **Falkirk Community Trust**

Fiona Hamilton

Falkirk Sports Development

Tel: 01324 590964

Email: Fiona.hamilton@falkirkcommunitytrust.org

### **Active Stirling : Claire Scott**

Active Schools Co-ordinator

Email: scottc@activestirling.org.uk

Tel: 0300 028 0101

## Clubs in the Central Area

### Stirling City All Stars

Football Club at Raploch Campus Stirling - Mondays from 6:00pm - 7:00pm For further information email Alban Dickson Tel: 07766984228 or email:

[Alban\\_dickson@gmail.com](mailto:Alban_dickson@gmail.com)

### Right On Target Boccia Club

Every Wednesday, 6- 7.30 pm at the Bowmar Centre . For further information contact Jean Duncan Tel: 01259 452339 or email: [jduncan@clacks.gov.uk](mailto:jduncan@clacks.gov.uk)

### Alloa Swimming Club

Alloa ASC train on Monday nights at the Leisure bowl 6-7pm. Please contact Lynne Hasten-Duggen on 07788 866277

### Forth Valley Flyers

The Forth Valley Flyers take place every Friday at Grangemouth Stadium from 5:30 to 6:45pm. For further information contact [ann.finlayson@btinternet.com](mailto:ann.finlayson@btinternet.com) or contact FVDS Tel:01324 590720

### Stirling Swimming Club

Stirling ASC train on Wednesday and Friday evenings at Stirling University between 6.30pm and 8.30pm contact

[secretary@stirlingswimming.co.uk](mailto:secretary@stirlingswimming.co.uk)

### Stenny Stars football class

Every Tuesday Carronrange school 4:30pm to 5:30pm [paul.wilson@stenhousemuirfc.com](mailto:paul.wilson@stenhousemuirfc.com)

or tel: 01324 562992 ext: 4 for more information

### Tullibody Community Football Club

Every Tuesday 5:30pm to 7pm Tullibody Civic Centre. Contact

[Davy.Reynolds@tullibodycommunityfc.com](mailto:Davy.Reynolds@tullibodycommunityfc.com)

or Tel 07930200282 for more information.

### Alloa East End Bowling Club

For further information contact Colin Blake on Tel: 01 259 219013 , Email: [colandele3@live.co.uk](mailto:colandele3@live.co.uk)

### Stirling Wheel-Chair Curling Club

Wednesday 12:30 pm at the Peak Sports Village in Stirling. For further information contact Fiona Glass on [figlass@btinternet.com](mailto:figlass@btinternet.com)

### Arion Swimming Club

Swimming Club train on Thursday night at the Peak Sports Village in Stirling 7pm -8pm. For further information contact: Moria Williamson Tel: 07523 132144

### Dolphin Swimming Club

The club has been meeting at Grangemouth Sports Complex, 5-6 pm on alternative Saturdays to the Bo'ness Swimming club.

Contact Ian Jenkins Tel: 01324 626305

### Boness Swimming Club

This club meets on the alternate Saturday from the Dolphin Club and has all ages and abilities attending. The club has been meeting at Bo'ness Recreation Centre for the last eight years with the expertise of Mr Ian Stewart. For further information telephone 01506 824430.

## Wheelchair Tennis Class

Wheelchair Tennis Class for Beginners. All players welcome.

Classes run every Wednesday evening 7pm -9pm at the Gannochy National Tennis Centre University of Stirling, Stirling FK9 4LA. Expert coaching , all equipment and sport chairs are provided. First session free, thereafter normal cost of £5 per class. For more information please contact Andrew Raitt on [andrew.raitt@tenniscotland.org](mailto:andrew.raitt@tenniscotland.org) or Tel: 07908 091820.