



Forth Valley Disability Sport,

Gannochy Sports Centre
University of Stirling
Stirling FK9 4LA

Tel: 01786 466486
Mobile: 07527 147685
Email : info@fvds.org.uk

The next FVDS News-letter will be out in January 2015.

If you have any information or good news stories for the next edition please email graham.harvey@fvds.org.uk

Get Involved in FVDS

We are always looking for new volunteers to help with clubs and events . If you or anyone else you know are interested in volunteering and would like to find out more, please contact Forth Valley Disability Sport on info@fvds.org.uk or Tel: :01786 466486

Forth Valley Disability Sport News

Forth Valley Disability Sport Regional School Swimming Gala 2014

Grangemouth Sports Complex was host to Forth Valley Disability Sport Regional School Swimming Gala on Friday 26th September 2014.

Pupils from eight schools from throughout the Forth Valley Area entered teams to compete in Assisted Breadth Swims, 25m, 50m and 100m events in Freestyle, Breaststroke, Butterfly and Backstroke and fun Relay Races.

The event was very well attended with every swimmer having a fun and enjoyable time.

46 swimmers from Forth Valley competed to a very high standard. Many of who achieved the qualifying times for the Scottish Disability Sport National Swimming Championships that take place on Wednesday 5th and 19th November 2014.

The competition was very close and there was very little time between placing in many of the events, which made for a great atmosphere and lots of cheering from the spectator's gallery.

Angus Whyte Forth Valley Disability Sports Chair Person presented medals to 1st, 2nd and 3rd place swimmers and everyone that participated received a certificate.

Many thanks must go to the many club volunteers, time keepers, marshals and officials for their assistance at the event

For further information on swimming lessons and clubs for adults and children with physical, learning and sensory disabilities in the Forth Valley Area telephone Forth Valley Disability Sport on 01786 466486

www.fvds.org.uk
[www.facebook.com/
ForthValleyDisabilitySport](https://www.facebook.com/ForthValleyDisabilitySport)

FVDS Seniors Ten Pin Bowling Event 2014

Forth Valley Disability Sport Regional Seniors Ten Pin Bowling Competition was held at the AMF Riverside Stirling on Friday 10th October 2014.

30 players from day services and local adult support agencies attended, all competitors had a great time and really enjoyed the event. I would like to take this opportunity to thank everyone that helped at the event and allowed it to run so smoothly, the helpers and carers that came with those participating on the day and helped to watch the games score.

All medal winners were presented with their medals by Mitchell Graham FVDS Youth Worker in Sport.

Results:

Male Physical Disability

Gold: Euan Kerr

Silver: Brain Ratrey

Male Physical Disability

(Not Assist)

Gold: James Coalfield

Female Physical Disability

Gold: Elaine Swan

Learning Disability Female

Gold: Maxine Harte

Silver: Diane Schofield

Bronze: Claire McKell

Learning Disability Male

Gold: Hendry Bell

Silver: Gary Bryson

Bronze: Paul Wotherspoon

If you have a physical, learning or sensory disability and want more information on disability sports on offer in the Forth Valley area please do not hesitate to contact FVDS on info@fvds.org.uk or Tel: 01786 466486



Pictured Above: Adults at the Forth Valley Disability Sport Ten Pin Bowling Fundraiser to raise funds for the Adult Sport Programme

Success for Forth Valley Bowlers Scottish Disability Sport National Lawn Bowling Championships 2014

Forth Valley Disability Sport had six bowlers compete in the Scottish Disability Sport National Lawn Bowling Championship in Aberdeen on Saturday 6th September 2014.

The competition took the format of a round robin tournament with the winners of each table and the best runner up going on the play semi-finals and the finals.

Congratulations to Fraser Mathieson who competed for the Invercairn Trophy. This category is for ambulant males with a physical disability. He won the trophy after completing an excellent run of four straight victories. Fraser is photographed receiving his trophy and medal from Gordon McCormack SDS Chair Person.



Pictured above : Fraser mathieson being presented his trophy by Gordon McCormack

Well done to the other five members of the Forth Valley team for their excellent performances Robert McWilliams, Frank Maguire and Craig Stirling in the learning disability category, Lizzie Jackson in the female wheelchair category and Ian Watson in the Ambulant man unrestricted category.

If you or anyone you know of any age are interested in attending Bowling sessions or want information on other Disability Sports then telephone Forth Valley Disability Sport on 01786 466486.

FVDS FUNDRAISING

Thank you to everyone that has helped FVDS to fundraise over the past few months. All our funding for our sport events comes from fundraising events and donations.

If you would like to make a donation to FVDS or help with fundraising, please do not hesitate to contact us on Tel: 01786 466486 or email info@fvds.org.uk.

European Special Olympics Success for Forth Valley Athlete

Niall Finlayson from Stirling recently returned home from the European Special Olympics held in Antwerp Belgium from Tuesday 9th to Sunday 21st September 2014.

Niall competed in Athletics and trains twice a week with the Forth Valley Flyers Athletics club and once a week with the Falkirk Victoria Harriers Athletics Club in the Forth Valley. With excellent performances in the following events Niall returned home with a full collection of medals:

Gold Medal in the 100m sprint in a time of 13.69s

Silver medal in the 4 X 100m Relay in a time of 1min 08s

Bronze medal in the 200m sprint in a time of 28.34s

More than 2,000 athletes from 58 countries competed at the Games and enjoyed 13 days full of joy and friendship. The athletes competed in 11 sports and were invited to join 5 supporting programs. There were 40,000 spectators and around 4,000 volunteers at the event. The GB Team was made of 50 Athletes, 7 Head coaches, 9 Coaches accompanied by the team's head of delegation, assistant head of delegation, family coordinator, physio and PR coordinator. Niall was one of eight athletes competing in athletics.

On behalf of Forth Valley Disability Sport well done to Niall and we wish him all the very best in his future sporting performances.

Please see picture of Niall with his European Special Olympics medals.

If you or anyone you know of any age are interested in attending a athletic club in the Forth Valley area then telephone Forth Valley Disability Sport on 01786 466486.



Picture above:

Niall Finlayson with his European Special Olympics medals

Forth Valley Boccia Team Competed at the SDS Boccia Open Championships 2014

SDS National Boccia Open Championships on Saturday 4th October 2014 was held at the Peak Sports Village Stirling. A Forth Valley team of 10 participants took on the best Boccia players of Scotland and some members from the GB team.

Well done to all of our competitors including Lee Duncan, Stephen Donaldson, Connor Whannell, Christopher Dysart, Darren Rooney, Corey Paterson, Fraser Johnstone, Scott Dawson, Keir Muir and Aisling Weaver. Congratulation to Stephen Donaldson for Winning Gold in the Senior Learning Disability category and to Connor Whannell for winning the Silver in the junior plate Learning Disability category.

The entrants have been training for the event by practicing their skills at the Right on Target Boccia Club which is held at the Bowmar Centre on Wednesday evenings 6:30pm to 7:00pm please contact the club secretary Jean for more details on Tel: 07970 153103

The club are looking for new members, so if you are interested in going along to the club for recreational or competitive purposes you will be made very welcome.



Picture above: Connor and Steven with there medal at the Scottish Disability Sport Open Boccia Championships 2014

Adult Football Sessions

Forth Valley Disability Sport in Partnership with LK Galaxy, East Stirlingshire and Falkirk Council Social work department have developed monthly football session for adults with a learning , physical or sensory disability. The sessions take place every month on the first Friday at LK Galaxy football centre at Little Kerse in Grangemouth from 11am to 2pm. The sessions have been very popular with around 20 participants attending every month. We are always looking for more individuals, day centres and adult agencies to be involved for further details please contact:

Graham Harvey: Forth Valley Disability Sport Tel: 01786 466486,
Email graham.harvey@fvds.org.uk.

Jason Bolam : LK Galaxy Tel: 01324 486 924 or 07707 780517,
Email: jasonabolam@gmail.com

7 A-Side Football Success for Forth Valley Players

Forth Valley had 4 teams entered into the Scottish Disability Sport National 7 aside Championships held at Toryglen on Wednesday 17th September 2014. Stirling City All Stars entered two teams and Carrongrange School also entered two teams.

Carrongrange A team won the junior section after an exciting sudden death penalty shoot out in the final.

Stirling City finished Runner up in the D division with some excellent team performance. Congratulations much also go to the Stirling City All Stars B division team in the seniors and Carrongrange B players in the junior section for outstanding team performances .

If you are an adult with a disability or parent/career of a child with a disability and would like more information about football opportunities in Falkirk, Stirling and Clackmannanshire, please telephone Forth Valley Disability Sport on 01786 466486 or email graham.harevy@fvds.org.uk.



Pictured Above: On the Left Players from Stirling City All Stars D division team competing in the senior section and on the right players from Carrongrange Junior A team competing in the Junior section

www.fvds.org.uk

www.facebook.com/ForthValleyDisabilitySport

Forth Valley Disability Sport **Regional Cross Country 2014**

62 children from 6 High Schools in the Forth Valley area came to Cochrane Park in Alva on Tuesday 16th September 2014 to compete in the FVDS Regional Cross Country.

The young athletes with physical, sensory and learning disabilities challenged themselves competing over a 1km, 2km or 3km Cross Country course. On behalf of FVDS many thanks must go to Clackmannanshire Council for hosting the event and for organising officials for setting up the course and for marshalling. Thanks must also go to Scottish Athletics, Falkirk Community Trust and Active Stirling for providing helpers for the event also. Please look at the FVDS website for full results.

If you are an adult with a disability or are the parent or carer of a child with disability and would like more information about athletics opportunities in Falkirk, Stirling and Clackmannanshire, please telephone Forth Valley Disability Sport Tel : 01786 466486.

Contacts for Disability Sport in the Central Area

Scottish Disability Sport

Cheryl Willet - Regional Manager Central Scotland

Tel: 07577830360

Email: Cheryl.willet@scottishdisabilitysport.com

Forth Valley Disability Sport

Graham Harvey

Tel: 01786 466486

Mob : 07527 147685

Email: Graham.harvey@fvds.org.uk

Mitchell Graham

Mob: text only: 07912858412

Email: Mitchel.graham@fvds.org.uk

Clackmannanshire Council

Active Schools ASN Co-ordinator,

Tel: 01259 452339

Falkirk Community Trust

Fiona Hamilton

Falkirk Sports Development

Tel: 01324 590964

Email: Fiona.hamilton@falkirkcommunitytrust.org

Active Stirling : Claire Scott

Active Schools Co-ordinator

Email: scottc@activestirling.org.uk

Tel: 0300 028 0101

Clubs in the Central Area

Stirling City All Stars

Football Club at Raploch Campus Stirling
- Mondays from 6:00pm - 7:00pm in
winter and at Kings park on Mondays
6:00pm to 7:30pm in the summer For
further information email Fred Tel:
07717103091 or email:
fred.barrie.smith@gmail.com.

Right On Target Boccia Club

Every Wednesday, 6- 7.30 pm at the
Bowmar Centre . For further information
contact Jean Duncan Tel: 07970 153103

Alloa Swimming Club

Alloa ASC train on Monday nights at the
Leisure bowl 6-7pm. Please contact
Lynne Hasten-Duggen on 07788 866277

Forth Valley Flyers

The Forth Valley Flyers take place every
Friday at Grangemouth Stadium from
5:30 to 6:45pm. For further information
contact ann.finlayson@btinternet.com or
contact FVDS Tel:01324 590720

Stirling Swimming Club

Stirling ASC train on Wednesday and
Friday evenings at Stirling University be-
tween 6.30pm and 8.30pm contact
secretary@stirlingswimming.co.uk

Tullibody Community Football Club

Every Tuesday 5:30pm to 7pm Tullibody
Civic Centre. Contact
Davy.Reynolds@tullibodycommunityfc.com
or Tel 07930200282 for more information.

Alloa East End Bowling Club

For further information contact Colin Blake on
Tel: 01 259 219013 , Email: colandele3@live.co.uk

Stirling Wheel-Chair Curling Club

Wednesday 12:30 pm at the Peak Sports Village in
Stirling. For further information contact

Jacky McLaren on
jackymclaren@talktalk.net

Arion Swimming Club

Swimming Club train on Thursday night at the Peak
Sports Village in Stirling 7pm -8pm. For further infor-
mation contact: Moria Williamson Tel: 07523 132144

Dolphin Swimming Club

The club has been meeting at Grangemouth Sports Com-
plex, 5-6 pm on alternative Saturdays to the Bo'ness
Swimming club.

Contact Ian Jenkins Tel: 01324 626305

Boness Swimming Club

This club meets on the alternate Saturday from the
Dolphin Club and has all ages and abilities attending.
The club has been meeting at Bo'ness Recreation Centre
for the last eight years with the expertise of Mr Ian
Stewart. For further information telephone 01506
824430.

Stenny Stars football class

Every Tuesday Carrongrange school 4:30pm to 5:30pm
jamie.kirk@stenhousemuirfc.com or tel: 01324 562992
ext: 4 for more information

www.fvds.org.uk

www.facebook.com/ForthValleyDisabilitySport