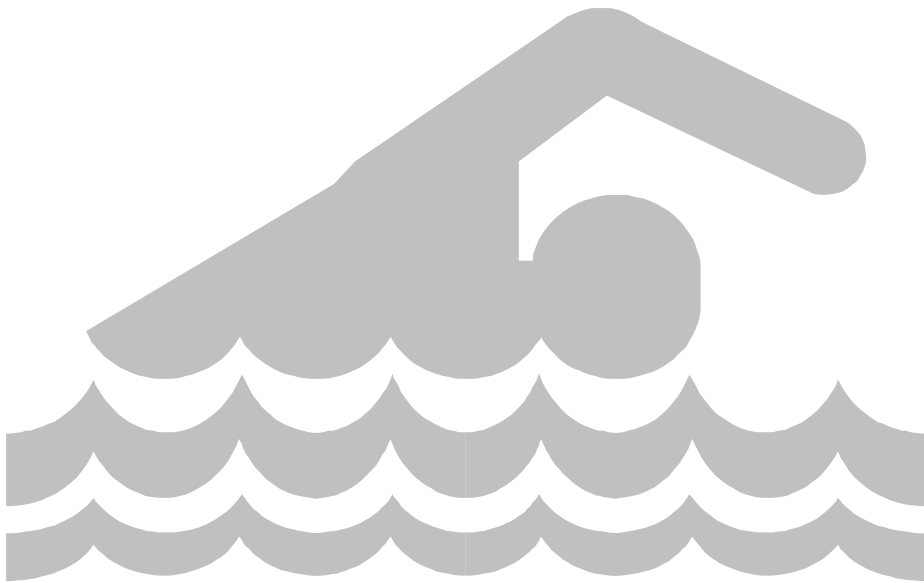




FORTH VALLEY
DISABILITY SPORT



Forth Valley Disability Sport
Regional School and Club
Swimming Gala
2010

Programme

Welcome to the Forth Valley Regional Schools and Clubs Gala 2010. As you are aware this event is open to all school children and all adults in the Forth Valley area with a physical, learning or sensory disability. Welcome also to our guests from Livingston Dolphins ,No Limits, Donaldsons School, Lothian Racers and Lothian Squad.

This event is aimed at providing swimmers with a positive first introduction to competitive swimming and also providing more experienced swimmers the opportunity to time their swims for the Scottish Disability Sport National Swimming Championships.

Please note the details of the Scottish Disability Senior Swimming Championships are as follows:

- Senior Championships for Learning Disabilities – Saturday 8th May 2010
Tollcross Swimming Pool, Glasgow 2010
- Senior Championships for Blind & Physically Disabled – Saturday 24th April
2010 Grangemouth Sports Complex

Details of today's event are as follows:

Entry Fee: £1.50 per person

Warm up Times: 1.30 pm – 2.00 pm

Time of Event: 2.00 pm – 6.00 pm

Pool Area: Please note that a poolside hoist is available for use. This pool is a 25 metre pool and the event will start with two assisted width events. There will be a short break whilst the lane ropes are put in place.

Rules: Swimmers will compete under ASA rules except where adapted by Scottish Disability Sport. See attached rules.

Team Managers: It is the responsibility of the team managers to ensure the safety of their support staff and swimmers. Team managers must report any withdrawals including the name and event number, at the managers meeting prior to the start of the gala.

Escorts: All Clubs and Schools are expected to have a team manager / escort who is responsible for their team and to ensure swimmers are escorted to the lane at the start of the event and to escort the swimmer from the lane at the finish. Swimmers should also be escorted to the presentation area when collecting their medal and or certificate. Please also ensure that all swimmers and team managers are wearing appropriate dress for being on the poolside.

Please note that in the interests of Health and Safety all swimmers with epilepsy must be supervised at all times.

- Time Bands: Any swimmers who can swim 25 metres faster than 28 seconds **must** enter the 50metre race.
- Presentation of Medals/certificates: All competitors will be presented with a certificate at the end of the event.
Medals will be presented to first, second and third place prizewinners throughout the event.
- Spectating Area : Grangemouth Sports Complex has a large spectating area which is situated above the pool.
- Photography: No photography is allowed in the spectator or poolside areas. You may wish to take photographs of children from your club or school in the foyer.
For publicity purposes a member of FVDS may ask to take a photo of your group or individual medal winners. Please provide us with the details of individuals whom we may not photograph.
- Evaluation Forms: You will find an evaluation form at the back of the programme. Please take a few moments at the end of the event to complete the form and return it to the recorders desk. Your comments will assist us to improve the event for next year.
- Enquiries: If you have any enquiries before, during and after the event please direct them towards the personnel at the registration / recorders desk.
- Teams : Teams competing today are :-
Arion Club
Alloa Amateur Swimming Club
Carrongrange School
Clacks Combo
Dolphin Club
Donaldson School
Livingston Dolphins / No Limits
Lothian Racers
Lothian Squad
SportCentral Regional Development Squad

Forth Valley Disability Sport Regional Schools and Clubs Swimming Gala 2010

Programme

2.00 pm

Event 1 Assisted Width Swim Junior Male / Female

Lane	Swimmer	Club	Time	Position
1	Charlotte McMillan	Dolphin	33.57_	1_____
2	Ellen Wotherspoon	Dolphin	<u>40.15</u>	2_____
3	Scott Jones	Dolphin	<u>28.67</u>	2_____
4	Lee Duncan	Clacks	<28_	1_____

2.05 pm

Event 2 Assisted Width Swim Senior Male/ Female

Lane	Swimmer	Club	Time	Position
1	Mary Baxter	Dolphin	1.55.57	2_____
2	Doris Gray	Dolphin	1.03.94	1_____
3	Andrew Rae	Dolphin	<u>24.74</u>	1_____

2.15 pm

Event 3 25m Breastroke Junior Male C4/C

Lane	Swimmer	Club	Time	Position
1	Scott Morton	C/Grange	23.42_	2_____
2	Christopher Rooney	C/Grange	20.03_	1_____
3	Gavin Miller	CC	1.00.57	2_____
6	Cameron Allan	CC	51.25_	1_____

2.20 pm

Event 3a 25m Breastroke Junior Male C4/C5 = Cancelled

2.30 pm

Event 3b 25m Breastroke Junior Male C4/C5

Lane	Swimmer	Club	Time	Position
1	Max Lockie	LDD	37.82_	2_____
2	Neil Carruthers	CC	35.62_	1_____
5	Kevin Docherty	DS	32.65_	1_____
6	Connor Whannel	Alloa	<u>1.02.55</u>	1_____

2.35 pm

Event 4 25m Breastroke Junior Female/ Senior Males combined

Lane	Swimmer	Club	Time	Position
1	Claire Bridges	Alloa ASC	29.52_	1_____
2	Shannon Crosbie	LDD	<u>34.41</u>	2_____
3	Danny Hotchkiss	Dolphin	<u>1.01.00</u>	1_____
4	Mairin Savage	Squad	<u>57.61</u>	1_____
6	Colin Brown	Arion	<u>47.18</u>	1_____

2.40 pm

Event 5 25m Breastroke Senior Male C5 = Cancelled

2.45 pm

Event 5a 25m Breastroke Senior Male Class 5

Lane	Swimmer	Club	Time	Position
1	Gordon Reid	Arion	38.54_	4_____
2	Nathan Boyle	Arion	29.94_	1_____
3	Paul Wotherspoon	Dolphin	30.80_	2_____
4	Henry Bell	Dolphin	26.74_	DQ_____
5	James McDonald	Arion	32.85_	3_____

2.50 pm Event 6 25m Breastroke Senior Female

Lane	Swimmer	Club	Time	Position
1	June Wardlaw	Arion	1.01.01	3_____
2	Virginia Shaw	Arion	40.44_	2_____
3	Alison Muir	Dolphins	38.40_	1_____
6	Debbie Jamieson	Arion	1.06.50_	1_____

2.55 pm Event 6a 25m Breastroke Senior Female

Lane	Swimmer	Club	Time	Position
1	Angie MacLeod	Lothian R	41.92_	1_____
2	Sharon Sloan	Arion	42.66_	2_____

3	Laura Young	Dolphin	32.09_	1_____
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5	Audrey McDonald	Arion	31.01_	1_____
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6	Lindsay White	Dolphin	53.00_	1_____
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3.00 pm

Event 7 50m Breastroke Junior Male Class 2

Lane	Swimmer	Club	Time	Position
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1	Sam Agnew	SRS	1.29.64	1_____
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2	Harris Menshawi	SRS	<u>2.22.56</u>	1_____
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Class 2

3	Andrew Wright	SRS	1.01.92_	3_____
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4	Chris Rooney	SRS	46.44_	1_____
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5	David Scott	LDD	1.01.52	2_____
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Class 1

6	Robert Dalglish	LSquad	44.75_	1_____
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3.05 pm

Event 7a 50m Breastroke Junior Male C 2/3/4PD/5PD

Lane	Swimmer	Club	Time	Position
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Class 2

1	Declan Docherty	Donaldson	<u>57.42</u>	2_____
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2	Cameron Noble	Donaldson	50.68_	1_____
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Class 3

3	Mark Lumsden	Arion	58.48_	1_____
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4	Connor Skivington	LDD	1.00.51_	2_____
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Class 4

5	Neil Howie	LSquad	1.10.06_	1_____
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Class 5

6	Adam Linton Main	LSquad	<u>1.17.75</u>	1_____
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3.10 pm**Event 8 50m Breaststroke Junior Female C2 PD**

Lane	Swimmer	Club	Time	Position
Class 2				
1	Kyle Wardlaw	Squad	1.17.95	1_____
2	Claire Robertson	Alloa SC	1.19.41_	1_____

3.15 pm**Event 9 50m Breaststroke Senior Male Class 1**

Lane	Swimmer	Club	Time	Position
Class 1				
2	Frank McGuire	Arion	43.19_	_____1
3	Peter Copeland	Arion	48.92_	_____3
4	David Fergus	Lothian R	44.67_	_____2
5	Mark Meadows	Lothian R	53.38_	_____4

3.20 pm**Event 9a 50m Breaststroke Senior Male C2/4**

Lane	Swimmer	Club	Time	Position
1	Stuart Gurney	LDD	1.32.54	1_____
Class 2				
2	Robin Williamson	Dolphin	57.12_	1_____
Class 4 1				
3	Keiran Thomson	Lothian R	1.26.24	1_____

**(Swimming in Event 9a) 50m Breaststroke Senior Female Event 10
3.25 pm = Cancelled**

Event 11 25m Backstroke Junior Male C6/6HI/8PD = Cancelled

3.30 pm

Event 11a 25m Backstroke Junior Male C6/C6HI/10

Lane	Swimmer	Club	Time	Position
Class 10				
1	Gavin Miller	CC	1.15.61	2_____
2	Jordan Stewart	CC	57.50_	1_____
<hr/>				
4	Mark Lumsden	Arion	<u>37.31</u>	1_____
<hr/>				
6	Kevin Docherty	DS	26.00_	1_____

3.35 pm

Event 12 25m Backstroke Junior Female C5/6

Lane	Swimmer	Club	Time	Position
Class 6				
3	Lorraine Keigan	C/Grange	37.92_	3_____
4	Shannon Crosbie	LDD	32.54_	2_____
5	Claire Bridges	Alloa ASC	27.36_	1_____

3.40 pm

Event 13 25m Backstroke Senior Male C8/9/10= Cancelled

3.45 pm

Event 13a 25m Backstroke Senior Male C7/8

Lane	Swimmer	Club	Time	Position
Class 7				
3	Henry Bell	Dolphin	26.01_	1_____
4	James McDonald	Arion	45.86_	2_____
<hr/>				
Class 8				
5	Gordon Reid	Arion	35.78_	1_____

3.50 pm**Event 14 25m Backstroke Senior Female Class 6/8/9**

Class 6

Lane	Swimmer	Club	Time	Position
1	Lindsay White	Dolphin	47.80_	1_____

2	Claire Mathewson	Arion	32.94_	1_____
3	Virginia Shaw	Arion	36.92_	2_____

Class 9

5	Laura Young	Dolphin	31.57_	1_____
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Class 8

6	Angela McLeod	Lothian R	44.65_	1_____
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3.55 pm**Event 15 50m Backstroke Junior Male C2**

Lane	Swimmer	Club	Time	Position
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Class 2

2	Scott Morton	C/Grange	42.53_	1_____
4	Connor Skivington	LDD	51.30_	2_____

5	Neil Carruthers	CC	56.84_	1_____
6	Kyle Wardlaw	Alloa	1.12.50_	2_____

4.00 pm**Event 15a 50m Backstroke Junior Male C1PD/3/4**

Lane	Swimmer	Club	Time	Position
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Class 1

6	Robert Dalglish	L Squad	<u>36.28</u>	1_____
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Class 3

3	David Scott	LDD	55.22_	1_____
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Class 4

4	Max Lockie	LDD	59.98_	1_____
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Class 4

5	Adam Linton Main	L Squad	1.07.74	1_____
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4.05 pm

Event 15b 50m Backstroke Junior Male Class 2/4

Lane	Swimmer	Club	Time	Position
1	James Clegg	L Squads	36.39_	1_____
2	Stephen Clegg	L Squads	<u>36.88</u>	2_____

Class 2				
3	Declan Docherty	DS	45.26	1_____
4	Cameron Noble	DS	47.59	2_____

Class 4				
5	Neil Howie	L Squad	1.07.92	1_____
6	Sam Agnew	Squad	1.16.31	2_____

4.10 pm

Event 16 50m Backstroke Junior Female Class 2PD /3

Lane	Swimmer	Club	Time	Position
Class 2				
1	Mairin Savage	Squad	1.42.26	1_____

Class 3				
2	Claire Robertson	Alloa	1.04.21	1_____

4.15 pm

Event 17 50m Backstroke Senior Male Class 1/2

Lane	Swimmer	Club	Time	Position
Class 1				
1	Frank McGuire	Arion	44.82_	2_____
2	Craig Stirling	Arion	46.00_	3_____
3	David Fergus	Lothian R	43.98_	1_____

Class 2				
4	George White	Lothian R	1.00.42	3_____
5	Mark Meadows	Lothian R	54.04_	1_____
6	Keiran Thomson	Lothian R	55.85_	2_____

4.20 pm

Event 17a 50m Backstroke Senior Male C 1PD/ 4PD

Lane	Swimmer	Club	Time	Position
1	Stuart Gurney	LDD	1.30.00	1_____
3	Robin Williamson	Dolphin	55.98_	1_____
4	Paul Wotherspoon	Dolphin	1.01.42	1_____

4.25 pm

Event 18 50m Backstroke Senior Female Class 2

Lane	Swimmer	Club	Time	Position
Class 2 5	Audrey McDonald	Arion	1.07.32	<u>1</u> _____

4.30 pm

Event 19 25m Butterfly Junior male Class 3

Lane	Swimmer	Club	Time	Position
Class3 1	David Scott	LDD	29.60_	1_____

**(Swimming in Event 19) Event 20
25m Butterfly Junior Female Swimming in**

Class 3 2	Shannon Crosbie	LDD	33.31_	1_____
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4.35 pm

Event 21 25m Butterfly Senior Male C3 /4PD

Lane	Swimmer	Club	Time	Position
Class 4 1	Stuart Gurney	LDD	42.76_	1_____
Class 3 2	George White	Lothian R	<u>32.34</u>	1_____

Event 22 No Entries
4.40 pm

Event 23 50m Butterfly Junior Male Class 2

Lane	Swimmer	Club	Time	Position
1	James Clegg	L Squads	<u>34.02</u>	1_____
2	Stephen Clegg	L Squads	<u>37.72</u>	2_____

Class 2				
3	Scott Morton	Squad	44.11_	1_____

Event 24 50m Butterfly Junior Female No Entries

4.45 pm

Event 25 50m Butterfly Senior Male Class 1

Lane	Swimmer	Club	Time	Position
4	Peter Copeland	Arion	<u>48.80</u>	1_____

Class 1				
5	Craig Stirling	Arion	40.09_	1_____

Event 26 50m Butterfly Senior Female No Entries

4.50 pm

Event 27 25m Freestyle Junior Male C5/6

Class 5				
Lane	Swimmer	Club	Time	Position
1	Marc Lumsden	Arion	1.27.56	1_____

2	Adam Dickson	Arion	25.28_	2_____
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3	Neil Carruthers	CC	24.13_	3_____
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Class 6				
4	Kevin Docherty	DS	17.42_	1_____

5	Jordon Stewart	CC	46.82_	2_____
6	Cameron Allan	CC	45.63_	1_____

4.55 pm

Event 27a 25m Freestyle Junior Male C8/9PD/9/10 = Cancelled

5.00 pm

Event 28 25m Freestyle Junior Female C5/10

Lane	Swimmer	Club	Time	Position
Class 5				
1	Lorraine Keigan	C/Grange	30.32_	1_____

Class 10				
6	Nataja Morrison	CC	1.10.09	1_____

5.05 pm

Event 29 25m Freestyle Senior Male C 7/9 = Cancelled

5.10 pm

Event 29 A 25m Freestyle Senior Male C5/6

Lane	Swimmer	Club	Time	Position
Class5				
1	James McDonald	Arion	34.06_	1_____

Class 6				
2	Gordon Reid	Arion	25.66_	1_____
3	Danny Hotchkiss	Dolphin	27.82_	2_____

5.15 pm

Event 30 25m Freestyle Senior Female C5/7PD/7/10

Lane	Swimmer	Club	Time	Position
Class 7				
1	Angela McLeod	Lothian R	42.24	1_____

Class 5				
2	Laura Young	Dolphin	26.75	1_____
3	Virginia Shaw	Arion	29.13	2_____

Class 7				
4	Alison Muir	Dolphin	43.42_	2_____
5	Sharon Sloan	Arion	38.82_	1_____

Class 10				
6	Lindsay White	Dolphin	54.22_	1_____

5.20 pm**Event 31 50m Freestyle Junior Male Class 1**

Lane	Swimmer	Club	Time	Position
Class 1				
1	Scott Morton	Squad	35.48_	1_____
2	Chris Rooney	C/Grange	40.56_	2_____
4	Stephen Rothnie	C/Grange	45.48_	3_____
5	Ross Stephens	C/Grange	48.22_	4_____

5.25 pm**Event 31 a 50m Freestyle Junior Male C2/ 4**

Lane	Swimmer	Club	Time	Position
2	Kyle Wardlaw	Alloa	<u>1.01.10</u>	1_____

Class 2				
3	Christopher Miller	C/Grange	45.89_	1_____

Class 4				
5	Paul Murray	C/Grange	57.09_	1_____

5.30 pm**Event 31 b 50m Freestyle Junior Male C1/2/3**

Lane	Swimmer	Club	Time	Position
Class 1				
1	Connor Skivington	LDD	40.32_	1_____
2	Andrew Wright	SRS	46.50_	2_____

Class 2				
3	Max Lockie	LDD	51.11_	1_____

Class 3				
4	David Scott	LDD	49.42_	1_____

5.35 pm**Event 31 c 50m Freestyle Junior Male C1/2/3**

Lane	Swimmer	Club	Time	Position
Class 2 2	Neil Howie	L Squad	<u>52.41</u>	1_____

Class 1 3	Robert Dalgleish	L Squad	<u>31.42</u>	1_____
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Class 1 4	Declan Docherty	DS	36.09_	1_____
5	Cameron Noble	DS	36.34_	2_____

5.40 pm**Event 32 50m Freestyle Junior Female C1PD/ 2/3**

Lane	Swimmer	Club	Time	Position
Class 3 1	Claire Roberston	Alloa ASC	48.87_	1_____
2	Claire Bridges	Alloa ASC	57.04_	2_____
3	Shannon Crosbie	LDD	1.00.26	3_____

Class 1 6	Mairin Savage	Squad	1.40.10	1_____
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5.45 pm**Event 33 50m Freestyle Senior Male C1/ C3/C4PD/C4**

Lane	Swimmer	Club	Time	Position
Class 4 1	Stuart Gurney	LDD	1.13.86	1_____

Class 1 2	George White	Lothian R	42.00_	1_____
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Class 3 3	Robin Williamson	Dolphin	51.09 _	1_____
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4	Nathan Boyle	Arion	1.04.20	1_____
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Class 4 5	Paul Wotherspoon	Dolphin	55.28_	1_____
6	Henry Bell	Dolphin	1.02.12	2_____

5.50 pm

Event 34 50m Freestyle Senior Female C3

Lane	Swimmer	Club	Time	Position
1	Audrey McDonald	Arion	56.86	1_____
2	Claire Mathewson	Arion	1.04.35	2_____

5.55 pm

Event 35 100m Freestyle Junior Male

Lane	Swimmer	Club	Time	Position
1	Sam Agnew	Squad	2.34.68	1_____
2	James Clegg	L Squad	1.04.06	1_____
3	Robert Dalgleish	L Squad	1.07.74	1_____

6.00 pm

Event 35 a 100m Freestyle Junior Male

Lane	Swimmer	Club	Time	Position
3	Scott Morton	Squad	1.17.86	1_____
4	Chris Rooney	Squad	1.38.07	2_____
5	Declan Docherty	DS	1.27.12	2_____
6	Cameron Noble	DS	1.24.65	1_____

Event 36 100m Freestyle Junior Female No Entries

6.05 pm

Event 37 100m Freestyle Senior Male

Lane	Swimmer	Club	Time	Position
1	Frank McGuire	Arion	<u>1.13.58</u>	1_____
2	Peter Copeland	Arion	1.24.96	4_____
3	Craig Stirling	Arion	1.16.22	2_____
4	David Fergus	Lothian R	1.22.54	3_____
5	Mark Meadows	Lothian R	1.28.49	5_____
6	Keiran Thomson	Lothian R	1.42.75	1_____

**6.10 pm
Event 38 100m Individual Medley Senior Male**

Lane	Swimmer	Club	Time	Position
1	Frank McGuire	Arion	1.31.15	1_____
2	Peter Copeland	Arion	1.46.13	3_____
3	Craig Stirling	Arion	1.38.32	2_____
<hr/>				
5	James Clegg	L Squad	1.20.86	1_____
<hr/>				
6	Robert Dalgleish	LSquad	1.23.95	1_____

Forth Valley Disability Sport would like to thank the staff of Grangemouth Sports Complex for their assistance and all swimmers, coaches and officials for making this event happen.

**Forth Valley Disability Sport
Club and Schools Gala 2010**

Event Evaluation Form

Please highlight (1=excellent 2=good 3=poor 4=v.poor 5= unsure)

Preparation

Pre event planning and organisation 1 2 3 4 5

Information received prior to the event 1 2 3 4 5

Comments:

Venue

Suitability of venue 1 2 3 4 5

Comments:

Organisation on the day

Registration Arrangements 1 2 3 4 5

Slickness of commencing activities 1 2 3 4 5

Conclusion of activities 1 2 3 4 5

Comments:

Additional comments