



FORTH VALLEY DISABILITY SPORT

Issue 4

Winter 2010/2011

Forth Valley Disability Sport News

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The next FVDS
Newsletter will be
out at the end of
June 2011.
If you have any
information or sto-
ries for the next
edition email :
info@fvds.org.uk

Get Involved in FVDS

We are currently looking for volunteers to assist with clubs, new committee members and a vice-chair. If you have some spare time and would like to have a rewarding past-time please contact Forth Valley Disability Sport
Tel: 01324 590720 or
email: info@fvds.org.uk.
Training will be provided and no experience is necessary.

SDS National Boccia Championships

The SDS National Boccia Championships were held on Saturday 12th February 2011 at The Peak Sports Village, Stirling. A Forth Valley team of 15 participants took on the best Boccia players in Scotland including some members from the GB team.

Many of the entrants have been training for the event by practicing their skills at their schools or clubs with their peers. Congratulations to Forth Valley for winning one Gold and two Bronze medals- B4 Bronze: Jamie Docherty, Juniors Gold: Ben Crowe, Bronze: Cameron Duncan.

Well done to all of our competitors Tommy Buller, Steven Cavelline, Declan Connel, Ben Crowe, Cameron Duncan, Lee Duncan, Grant Hulley, Marc Miller, Taylor O'Toole, Corey Paterson, Nicole Redding Callan Reynolds, Tommy Rutherford and Jamie Docherty.



**Pictured
Left:**

Members of the Forth Valley team at the Scottish Disability Sport National Boccia Championships

Two of our medal winners train and compete for the Right on Target Boccia Club. The club has been running weekly every Thursday night, 6.00 pm to 7.30 pm at Alloa Academy .

The club are looking for new members, so if you are interested in going along to the club for recreational or competitive purposes you will be made very welcome.

If you want further information on the Right on Target Boccia Club please contact the Club Secretary Tel: 01259 769241.

We're on the web! www.fvds.org.uk

Forth Valley Flyers Athletics Club Launch Night

Opportunities for children in Forth Valley with a disability to take part in sport just got even better after a £6500 cheque from Awards for All has enabled the formation of a new athletics club, the Forth Valley Flyers.

The club is only the second in Scotland to cater solely for people with physical, sensory or learning disabilities. It has taken a group of hard working parents from Falkirk, Stirling and Clackmannanshire two years to get it established.

Membership has already reached 20, ranging from complete beginners to three national squad members, including Alloa wheelchair racer Meggan Dawson-Farrell.

“This is where I started the sport and I've been training here with the regional squad for two years,” said Meggan, who earlier this month achieved the qualifying time for the 2012 London Marathon.

And it's not just about sporting achievement. Equally important as the physical health benefits are the social opportunities for people to make new friends and build their self esteem.

“It helps a lot being a member of a club; you've got coaches to help you and support from friends,” continued Meggan. “When I

first came here to train I was so shy that I wouldn't even speak to anyone. Since then I've met loads of people and my confidence has grown with it.”

Said Shona Malcolm, National Development Officer for Disability Athletics and sportscotland's Central Regional Partnership's development squad head coach: “This is the second only disability club, so from a national governing point of view I would like to see more of these around the country”.

This award will enable Forth Valley Flyers to buy specialist equipment, assist with weekly training costs and volunteer expenses, and provide a new event for athletes.

“We are very grateful to Awards for All,” said Club Secretary Ann Finlayson. “This award will go a long way to buying racing equipment and kit, taking children to competitions and paying our volunteers' expenses

“Forth Valley Flyers meet at Grangemouth Stadium on a Friday evening between 5.30pm and 6.45pm. For further information contact ann.finlayson@btinternet.com

Pictured below: Members of the Forth Valley Flyers Athletics Club at the launch night, 25th March 2011 at Grangemouth Stadium.



Positive Sport Forum Boccia Event

The Tullibody Civic Centre hosted the Positive Sports Forum Adults Boccia event on the 28th January 2011. This event was the first from a five event adult programme that FVDS had developed this year in partnership with the forum. It was very successful with 40 participants competing in a individual boccia competition with many of the games very competitive and close scoring.

Forum meetings are held every six week to discuss sport for adults with disabilities in the Forth Valley Area. Our next meeting is on 26th May 2011 and will give adults with disabilities from day centres and individuals the opportunity to have their say on what sports Forth Valley Disability Sports will deliver at the next Positive Sport event. The meeting will be held at Forthbank stadium at 11am till 12noon.

FVDS Regional Boccia Event

Forth Valley Disability Sport Regional Boccia Event 2011 was held on 3rd February 2011 at the Peak Sports Village in Stirling. 63 Pupils from 6 Primary and 3 High Schools participated in the event. Many of the entrants have been training for the event by practicing their skills at their schools or clubs with their peers.

Well done to all of the competitors and a massive thank you to all the volunteers, local authority staff and school helpers that help the players on the day.

Our thanks also go to David Lawrie an FVDS honorary member for presenting the medals

Please see below for full results and medal winners

Primary Schools Results

Individuals

1st - Nicole Redding, Carronshore PS,

2nd Jeevan Singh, Nethermains PS,

3rd Marc Millar, St Johns PS

Pairs

1st Cameron Duncan & Callan Reynolds St Johns PS,

2nd Ryan Clack & Shannon Watmore Carronshore PS,

3rd Leea Maquire & Irfan Naeer Nethermains PS

Teams

1st Skye Bourke, Connor Clarke & Amy Kennedy Nethermains PS,

2nd Koner Vass, Craig Valentine & Kaine Marshall Nethermains PS,

3rd Owen McCullagh, Corey Paterson & Joshua Kidd Ladeside PS

Secondary School Results

Individuals

1st Steven Cavellini St Modan's,

2nd Ben Mcluckie Alloa Academy,

3rd David Wilson Alloa Academy

Pairs

1st Taylor O'Toole Carrongrange & Declan Couper Larbert HS,

2nd Olivia Southcott & Connor Couper St Modan's

If you or anyone you know of any age are interested in attending Boccia Sessions then telephone Forth Valley Disability Sport on 01324 590720

2010 SDS Junior National Swimming Gala for people with Physical Disabilities

Grangemouth Sport Complex hosted the SDS National swimming gala for swimmers with physical disabilities on the 3rd November 2010.

Forth Valley Disability Sport took a team of 3 swimmers to the national gala who had qualified for the event earlier in the year at the FVDS regional schools swimming galas.

The swimmers competed against teams from throughout Scotland coming home with one medal which was won by Sam Agnew in the 50m freestyle backstroke event. Well done to Forth Valley's other two participants Connor Whannel and Harris Menshawi who competed very well in their events.

If you have a physical disability or are the parent or carer of a child with a physical disability and would like more information about swimming opportunities in Falkirk, Stirling and Clackmannanshire, please telephone Forth Valley Disability Sport on 01324 590720.

SDS IBS World Bowling Championships

In May 2011, SDS is sending a team of bowlers with physical and sensory impairments to South Africa for the IBD World Bowls Championships. This is the next stage in the preparations leading up to the 2014 Commonwealth Games in Glasgow. Following the successful Home International Match in Nottingham in July, where Scotland beat England on home soil for the first time, there is high expectations for Scotland to do well in South Africa.

Fraser Mathieson and Kevin Wallace, both FVDS bowlers, were selected for the international match, with Kevin being the only undefeated bowler over the competition. They are both currently going through a set of trials at Falkirk IBC, under the guidance of Ron MacArthur and head coach Bob Dick. They are joined this time by George Gourley, one of Scotland's leading blind bowlers.

The team has been announced With Kevin Wallace being selected to represent Scotland in South Africa . FVDS is honoured to have three bowlers who are at the sharp end of the international spectrum and we wish them all the best in there future bowling. For more information, please visit the Scottish Disability Sport website at www.scottishdisabilitysport.com

Golf Sessions at Brucefield's

FVDS working in partnership with Club Golf has developed golf participation centres for people with learning, physical and sensory disabilities. Three separate sessions are delivered on Saturdays at Brucefields golf club over an eight week block. The first block of golf sessions started on 30th April 2011. If you are interested in golf and are aged between 8 and 18 please contact FVDS on 01324 590720 for further details.

We're on the web! www.fvds.org.uk

2010 SDS Junior National Swimming Gala

for people with Learning Disabilities

Tollcross Leisure Centre hosted the SDS National junior swimming gala for swimmers with learning disabilities on the 17th November 2010.

Forth Valley Disability Sport took a team of 15 swimmers from 9 schools in the Forth Valley area to the national gala who qualified for the event earlier in the year at the FVDS regional schools swimming galas.

The swimmers competed against teams from throughout Scotland coming home will an excellent medal tally.

A total of 8 medals were won by 6 different members of the Forth Valley team:-

- Gavin Miller Gold Medal: 25m Freestyle Back
- Claire Robertson Gold Medal: 50m Freestyle Back
- Clare Bridges Gold Medal 50m Freestyle and silver medal 50m Freestyle Back
- Kyle Wardlaw Silver Medal: 50m Freestyle Back
- Marc Duffell Silver Medal: 50m Butterfly
- Roseanne Murray Silver medal 25m Freestyle back and Bronze Medal 25m Freestyle
- Caitlyn Ross Bronze Medal: 50m Freestyle

Well done to all the Forth Valley team for their performances. The other swimmers of the team consisted of Andrew Wright Mark Lunsden, Scott Morton, Alistair Jack, Andrew Wilson, Amy cannon and Shannon Gourley.

If you are an adult with a learning disability or are the parent or carer of a child with a learning disability and would like more information about swimming opportunities in Falkirk, Stirling and Clackmannanshire, please telephone Forth Valley Disability Sport on 01324 590720.

Positive Sports Forum Pool Event

The Creamery Sports Bar in Bainsford Falkirk hosted the Positive Sports Forum Adults Pool event on the 18th March 2011. This event was the third from the adults programme that FVDS has developed this year in partnership with the forum. It was very successful with 50 participants attending the event.

Forum meetings are held every six week to discuss sport for adults with disabilities in the Forth Valley Area. The meetings give adults with disabilities from day centres and individuals the opportunity to have their say on what sports Forth Valley Disability Sports will deliver at the next Positive Sport Event. Our next meeting is on 26th May 2011 and will be held at Forthbank Stadium, Stirling at 11am till 12noon. If you or anyone you know has a disability and is interested in participating in sport please do not hesitate to contact Forth Valley Disability Sport on 01324 590720.

We're on the web! www.fvds.org.uk

SDS National Cross Country

Forth Valley Cross Country Team competed at the SDS National Cross Country Championships on Wednesday 23rd March 2011 was held at Bellahouston Park in Glasgow. A Forth Valley team of 21 competed against runners from throughout Scotland.

Many of the entrants have been training for the event in Forth Valley Flyers Athletics Club.

Forth Valley's medal winners were:

Ian Hemingway	Gold Medal S2
Patrick Mclean	Gold Medal S3
Connor Whannel	Silver Medal PS
Ross McIntyre	Silver Medal PS
Michael Colquhoun	Silver Medal S1
Kris Gow	Silver Medal
Daniel Mclean	S2 Silver Medal S3
Olivia Southcot	Bronze Medal S1
John Devine	Bronze Medal S2

Congratulations to our medal winners and the rest of Forth Valley's team who consisted of Jordan Richardson, Katie Taylor, John Sneddon, Mathew Deighton Ashcroft, Stephen Cavelini, Cameron Allan, Neil Carruthers, Sian Craig, Freddie White, Stephanie Green and Connor Fen.

Well done to all of our competitors and a massive thank you to all the staff and volunteers that helped on the day. If you or anyone you know has a disability and is interested in attending a disability specific athletics club in the Forth Valley area then telephone Forth Valley Disability Sport on 01324 590720.

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Kwik Curling and New Age Bowls Festival a success

The latest indoor Disability Kwik Curling and New Age Bowls festival has been hailed a success by all involved after being staged at The Peak in Stirling Sports Village.

Organised by Active Stirling and in partnership with Forth Valley Disability Sport the day involved five local schools, Castlevie Primary, Fallin Primary, Larbert Villiage Primary, Wallace High and St Modans High, with 50 children taking part.

"This is the second year the festival has taken place and again there has been a fantastic turnout from local schools within the community. It's a great opportunity to introduce disabled youngsters to new games and activities they have never tried before such as curling and bowls. It was really good to see all the kids having a go and getting involved, we've all thoroughly enjoyed the day," said Active Stirling's Disability Development Officer Jennifer Livingstone.

For more information on the range of disability sports classes Active Stirling has to offer, please contact:

Jennifer Livingstone, Sports Development Officer, Active Stirling Tel: 0300 0280101 or email: livingstonej@activestirling.org.uk.

You can also contact Graham Harvey the FVDS Branch Tel: 01324 590720.

FVDS Fundraising

Thank you to everyone that has helped FVDS to fundraise over the past few months. All our funding for our sport event comes from fundraising events and donations.

If you would like to donation to FVDS or help with fundraising events please do not hesitate to contact FVDS on Tel : 01324 590720 or email : info@fvds.org.uk

Wheelchair Tennis Winner

Congratulations to Jonathon Fisher for winning his second double tennis tournament at the Nottingham Indoor Wheelchair Tennis Tournament from 28th to 31st October 2010. He played in the B Division which is the third tier of competition in wheelchair tennis behind the second draw and main draw. In the doubles event, Jonathon's partner was Idris Popat. He had never met him before that tournament. In their first match, the pair beat James Shaw and Richard Green 6-1 6-1 both played very well.

In the pairs second match they played Robert Ghahremani and Glen Gent. Jonathon and his partner won the first set 6-2 and although their opponents won the second set 4-6, with a close tie breaker Jonathon and Idris narrowly won the third set championship tie-break 10-7.

Jonathon from Forth Valley subsequently won the Men's 'B' Division Doubles event.



Pictured Above: Jonathon Fisher winner at the Nottingham Indoor Tennis Tournament.

Jamie selected for Paralympic 2012 Squad

Congratulations to Jamie Docherty who has been selected into the last 14 for selection into the GB team for the 2012 Paralympics in London. Just two years after being introduced to the sport of Boccia by an Active Schools Coordinator, 16 year old Jamie Docherty from Stenhousemuir has been named in the GB Boccia 2012 squad of 14 players. Eventually nine players from this squad will be selected for the GB Team competing in the 2012 Paralympic Games.

FVDS wishes Jamie all the best for the 2012 Paralympics Games Selection .



Pictured left: Jamie Docherty selected for last 14 for Paralympics 2012 selection.

Contacts for Disability Sport in the Central Area

Scottish Disability Sport

Lynne Glen - Regional Manager Central Scotland
Tel: 07577 830360

Email:

lynne.glen@scottishdisabilitysport.com

Forth Valley Disability Sport

Graham Harvey Tel: 01324 590720

Email: harveyg@sportcentral.org.uk

Clackmannanshire Council

Jean Duncan -Active Schools ASN Co-ordinator, Tel: 01259 452339

Email: jduncan@clacks.gov.uk

Falkirk Council

Lisa Male, Active Schools, Tel: 01324 501656

Email: lisa.male@falkirk.gov.uk

Active Stirling

Jennifer Livingstone Tel: 0300 028 0101

Email: livingstonej@activestirling.org.uk

Clubs in the Central Area

Stirling City All Stars

Football Club St. Modan's High School Stirling - Fridays from 7:30pm - 8:30pm For further information email Sandy White sandy@stirlingcityfootballclub.co.uk

Wildcats Wheelchair Rugby

The club train at Woodlands Games hall, Falkirk from 7:30pm to 9:30pm on Monday nights. For further information telephone Richard Priestley on 07748 968 517 or 0131 4497399.

Right On Target Boccia Club

Every Thursdays, 6– 7.30 pm at Alloa Academy. For further information contact Jean Duncan Tel: 01259 501656 or email: jduncan@clacks.gov.uk

Wheel-Chair Curling Club

Thursdays, 2-4 pm at The Peak Sports Village in Stirling. For further information contact Logan at Active Stirling on Tel: 01786 432323

Alloa Swimming Club

Alloa ASC train on Monday nights at the Leisure bowl 6-7pm. Please contact Lisa Houston on 07740419498

Arion Swimming Club

Swimming Club train on Thursday night at the Peak Sports Village in Stirling 7pm -8pm. For further information contact: Tel: 07523 132144

Forth Valley Flyers

The Forth Valley Flyers take place every Friday at Grangemouth Stadium from 5:30 to 6.45 pm. For further information contact ann.finlayson@btinternet.com

Dolphin Swimming Club

The club has been meeting at Grangemouth Sports Complex, 5-6 pm on alternative Saturdays to the Bo'ness swimming club.

Contact Ian Jenkins 01324 626305

Stirling Swimming Club

Stirling ASC train on Wednesday and Friday evenings at Stirling University between 6.30pm and 8.30pm contact secretary@stirlingswimming.co.uk

Boness Swimming Club

This club meets on the alternate Saturday from the Dolphin Club and has all ages and abilities attending. The club has been meeting at Bo'ness Recreation Centre for the last eight years with the expertise of Mr Ian Stewart. For further information telephone 01506 824430.



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