



FORTH VALLEY DISABILITY SPORT

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Positive Sport Forum

The Positive Sports Forum was set up to develop a provision to give adults an opportunity to participate in sport in the Forth Valley Area. We are planning to hold three Multi-sport events over the next year.

Our first event was very successful it was held in the Tullibody Civic Centre in Clackmannanshire. We had 32 participants enjoying Football, Basketball, Boccia, Bowling, Kwik Curling and Board Games. Forum meetings are held every six weeks to discuss sport for adults with disabilities in the Forth Valley Area.

Our next meeting is in January and will give people with disabilities from day centres and individuals opportunity to have their say on what sports Forth Valley Disability Sports will deliver at the next Positive Sport event

2012 Club

The 2012 club has just finished its second block of 2009. It was set up to allow people aged between 8 and 18 with physical and sensory disabilities to have the opportunity to participate in sport. The club is a multi-sport club and offers Athletics, Boccia, Bowling, Football, Basketball, Archery and Fun Games. A new block is starting on 20th February 2010 at Grangemouth Sports Complex. For more information please contact FVDS on 01324 590720

Forth Valley Disability Sport News

Volume 1, Issue 1

Winter 2009/10

Forth Valley Special Olympics Success

One of the Main highlight of this year Forth Valley Disability Sport Team have excelled themselves in the 8th National Summer Games which Leicester City Council are hosting for the second time in twenty years. Their medal haul has reached 36 Gold, 23 silver and 19 bronze.

Fifty four athletes aged 9 to 62 years of age from Falkirk, Stirling and Clackmannanshire are representing Forth Valley in the Games which is a competition for people with learning disabilities and is organised by Special Olympics GB.

The athletes have competed against 2700 athlete's from 18 other regions in the UK in athletics, boccia, bowls, equestrian, football, golf, gymnastics and swimming.

**Their medal haul was 36 Gold,
23 silver and 19 bronze**

The games began with an overwhelming opening ceremony which set the scene for the week long competition with a fantastic array of colourful costumes and displays. Prime Minister Gordon Brown and ex football manager and football pundit Lawrie McMenemy

welcomed the athletes in their parade as they entered Walkers stadium to the electric atmosphere of the cheers of the crowd in the full stadium.

Martin Johnstone former British Lions Captain, welcomed everyone to Leicester and formally opened the games with a good luck speech.

The Forth Valley Team have been training hard for the competition which took place in 18 venues throughout Leicestershire and the commitment of the athletes has been evident in the results and FVDS medal haul.

Below: Athletes are pictured with their medal and ribbon at their welcome home Civic Reception



We're on the web! www.fvds.org.uk

FVDS Grant Aid

FVDS Supports athletes in National Squads by helping to fund equipment and training through our grant aid application scheme. This year FVDS Grant aid has supported Sam

Agnew in the National Swimming squad, Megan Dawson in National Athletics Squads, Alan Oliver to compete in Korea at the World Badminton Championships and Jamie Docherty in the G.B. fast-track camp for Boccia in Sheffield.



Left: Alan Oliver is pictured receiving his award



Right: Jamie Docherty with his award.

Highlights of 2009

It has been a very exciting year for Forth Disability Sport. Through our close partnerships with local authorities, local organisations and Clubs, we have delivered 15 regional and one national event. FVDS also have participated in 13 Scottish Disability Sport National events allowing our athletes to compete against other regions. The main developments in Forth Valley Disability Sports this year are the 2012 club, Positive Sports forum, Special Olympics Summer Games and the development of the FVDS Website.



Above Right : Participants in the FVDS football fun day . Above Left : FVDS team at the SDS National Track and Field event at Grangemouth Stadium

Event Participation so far...

Event Date	Event Type	No. of Participants
17 Sep 2009	FVDS Schools Swimming Gala The Peak Stirling	59
25 Sep 2009	Fun in Athletics Clackmannanshire	39
13 Nov 2009	FVDS Regional Boccia Competition	117
11 Dec 2009	Fun in Athletics Stirling	34
19 Jan 2010	Football Fun Day Falkirk	39
22 Jan 2010	Football Fun Day Stirling	31
29 Jan 2010	Football Fun Day Clackmannanshire	47
05 Feb 2010	FVDS Inter-area Decathlon Falkirk	14

Local Authority Contacts for Disability Sport

Sport Central

Lynne Glen - Regional Disability Sports Manager
Tel: 07717454475

Email: glen@sportcentral.org.uk

Clackmannanshire

Jean Duncan -Active Schools ASN Co-ordinator,
Tel: 01259 501656

Email: jduncan@clacks.gov.uk

Falkirk

Lisa Male, Active Schools, Tel: 01324 501656

Email: lisa.male@falkirk.gov.uk

Active Stirling

Jennifer Livingstone Tel: 01786 432323

Email: livingstonej@activestirling.org.uk

Club Golf sessions

FVDS working in partnership with Club Golf have developed golf participation centres for people with learning, physical and sensory disabilities. Three separate sessions are delivered on Saturdays at Bruce-fields golf club in six week blocks. Two golfers with learning disabilities have progressed from these sessions to represent Forth Valley Disability Sport Special Olympics Team in Leicester. Both competed very well returning home in Bronze medal and fourth place positions..

Below : FVDS second place team at the National Sports Hall Athletics Championships at Grangemouth Sports Complex



Lloyds TSB

FVDS committee is currently working with consultants from Lloyds TSB Capacity Building Programme to develop the governance of the branch.

Scottish Disability Sport Minimum Operating Standards have audited FVDS and FVDS have achieved MOR with Flying Colours. FVDS are more than fit for purpose.

The next FVDS News will be out at the end of April 2010.

If you have any information or stories for the next edition email me at:

info@fvds.org.uk

Graham Harvey

FVDS Website

We have been very fortunate to be approached by local I.T. Company that has very kindly developed a brand new website for us The website was developed by one of our committee members Fraser Mathi-



eson who is employed by 2e-volve. Please feel free to view the website and find out more about FVDS and how our athletes have done in Local, Regional and National events. The website is updated regularly with new press releases from events and there are many other topics available such as athlete profiles, club information and sports news .

www.fvds.org.uk

New Boccia Club

FVDS are pleased to announce that a new Forth Valley Boccia Club is starting from 25th February. See details below:

FV Boccia Club

Thursdays, 6– 7.30 pm starting 25th February at Alloa Academy. For further information contact Jean Duncan Tel: 01259 501656 or email jduncan@clacks.gov.uk

Wildcats Wheelchair Rugby

The club train at Woodlands Games hall, Falkirk from 7:30pm to 9:30pm on Monday nights. For further information telephone Richard Priestley on 07748 968 517 or 0131 4497399.

Dolphin Swim Club

The club has been meeting at Grangemouth Sports Complex, 5-6 pm on alternative Saturdays to the Bo'ness swimming club. Contact Ian Jenkins 01324 626305

Boness Swimming Club

This club meets on the alternate Saturday from the Dolphin Club and has all ages and abilities attending. The club has been meeting at Bo'ness Recreation Centre for the last eight years with the expertise of Mr Ian Stewart. For further information telephone the club coach on 01506 824430.

Alloa Swimming Club

Alloa ASC train on Monday nights at the Leisure bowl 6-7pm. Please contact Lisa Houston on 07740419498

Arion Swimming Club

Swimming Club train on Thursday night at the Peak Sports Village in Stirling 7pm -8pm. For further information contact 07523 132144

Forth Valley Flyers

New athletics club from 20th November 2009 at Grangemouth Stadium Friday night from 6:15 to 7:15pm.

For further information contact ann.finlayson@btinternet.com

Stirling City All Stars

Football Club St. Modan's High School Stirling - Fridays from 7:30pm - 8:30pm For further information email Sandy White sandy@stirlingcityfootballclub.co.uk

Stirling Swimming Club

Stirling ASC train on Wednesday and Friday evenings at Stirling University between 6.30pm and 8.30pm contact secretary@stirlingswimming.co.uk.