



Central Disability Sport & Physical Activity Summer Provision 2021



Junior Provision (must have completed P1/just finished P7 or currently attend secondary)

	Event	Date/Time	Venue	Cost	More information
Falkirk Community Trust *Bookings not accepted via email must call during hotline times	Multi Sport Holiday Programme	Mon 26 June – Thur 1 July 10am-12pm	Carronrange High School	Free of charge	Hotline times call Lisa Male to book: Tue 15 th June: 9.30am-12.30pm/ 1pm-5.30pm Wed 16 th June: 2pm-5pm/6pm-8pm Thurs 17 th June: 9.30am-12.30pm Tel: 07834 120845 Lisa.male@falkirkcommunitytrust.org
Clackmannanshire Council	Tennis Holiday Programme	Mon 12 & Wed 14 July 1-3pm	Lornshill Academy	Free of charge	jperez@clacks.gov.uk
	Athletics Holiday Programme	Tue 13, Thur 15 & Fri 16 July 10am-12pm	Lornshill Academy	Free of charge	jperez@clacks.gov.uk

Adult Provision (16+)

	Event	Date/Time	Venue	Cost	More information
GOGA Activities	Walking Group	Every Friday 11.30am	Forth Valley Sensory Centre, Camelon	Free of charge	goga@fvds.org.uk
	Adapted Cycling	1 July – end Oct (6 week blocks) 12-4pm (45 min sessions)	Falkirk Stadium – Helix Route	Free of charge	goga@fvds.org.uk
	BSL Supported Walk (for individuals with hearing impairment)	Fri 23 July TBC	TBC	Free of charge	goga@fvds.org.uk

Come & Try Events

	Event	Date/Time	Venue	Cost	More information
Forth Valley Flyers	Come & Try Athletics Session	Sun 4 July 12.30-3pm	Grangemouth Stadium	Free of charge	flyers.cto@hotmail.com

- If your child requires 1:1 support or personal care this must be met by parents / carers as unfortunately central disability sport are unable to provide this support.
- Due to Co-vid restrictions all volunteers and coaches will be wearing masks throughout the session. Participants will be asked to use hand sanitise throughout the session.

