



Come Try Session

In Partnership with Central AC



When & Where

Where: Lornshill Academy Track
Tullibody Rd, Alloa FK10 2ES

When: Sunday 26th Sept 12.30pm to 3pm

Under 18's 12.30pm to 1.30pm must be accompanied by an adult

Over 18's 1.45pm to 2.45pm and must bring a carer if this is needed in daily life

To Register

To comply with guidance all those attending must register and provide contact details. To register please follow the links on our news page at www.forthvalleyflyers.org.uk or email flyers.cto@hotmail.com.

We are looking for new Club members and volunteers.

Forth Valley Flyers are an Athletics Club for people with physical sensory or learning disability from Falkirk, Stirling and Clackmannanshire. We provide athletics training for young people and adults, in all areas of track and field athletics.

Volunteers

Without our volunteers we could not offer as much and are always looking for more volunteers to share the load, and allow us to offer more the chance to participate. If you can help in anyway please register to come along on the day.

Equipment

We have a broad range of suitable equipment for use in field events, including throwing chairs, and we can provide Running Frames and adapted Wheelchairs for track events.



Contact - email flyers.cto@hotmail.com
web <http://www.forthvalleyflyers.org.uk/blog/>