

Central Disability /Inclusive Clubs & Sessions 2022



Session	Day	Age	Disability	Time	Venue	Dates (if applicable)	Booking & for more info contact:
Fun Fitness	Mon	16+	Fully inclusive	TBC	Falkirk College Gym	26th Sept onwards	goga@fvds.org.uk
Stirling Milton All Stars Football Club	Mon	16+	Learning Disabilities	6.00pm - 7.00pm	Bannockburn High School, Milton Pitches		fred.barrie.smith@gmail.com
Para-Climbing	Mon	8+	Various	4.00pm to 5 :00pm	Peak, Stirling		Peter Nellist nellistp@ActiveStirling.org.uk
Stirling Riverside FC Powerchair Football	Mon	All	Powerchair users	7.00pm - 9.00pm	Peak, Stirling		andersoni@stirling.gov.uk
Indoor Bowling	Tues	Various	Various	6:30pm -8:30pm	Falkirk Indoor Bowling Club		Ron McArthur : mrronmcarthur@btinternet.com
Para-Climbing	Tues	16+	Various	12noon -2:00pm	Peak, Stirling		Peter Nellist nellistp@ActiveStirling.org.uk
Clackmannanshire ASN Run, Jump & Throw	Tues	Primary School	Various	4:30pm -5.20pm	Lornshill Academy	term time	Nicola Moriarty NMoriarty@Clacks.Gov.Uk
Forth Valley Flyers Athletics Club	Tues	10 +	Various	5.30pm-7.00pm	Grangemouth Stadium		graham.harvey@fvds.org.uk
Stirling Wheelchair Curling Club	Wed	All	Wheelchair users	12.30pm - 2.30pm	Peak, Stirling		jackymclaren@talktalk.net
Falkirk FC ASN Football session	Wed	8 to 16 years	Various	4:30pm -5:30pm	Falkirk Stadium	Term Time	https://forms.office.com/r/gPi2xQep5xt
Right on Target Boccia Club	Wed	All	Physical, Sensory & Learning Disabilities	6.00pm - 7.30pm	Alloa Academy		jeanmd50@gmail.com
Get Out Get Active: Cycling Sessions	Thurs	All	Fully inclusive	12.00pm - 1.00pm	Falkirk Stadium	May - Oct 22	goga@fvds.org.uk
Get Out Get Active: Cycling Sessions	Thurs	All	Fully inclusive	1.00pm - 2.00pm	Falkirk Stadium	May - Oct 22	goga@fvds.org.uk
Get Out Get Active: Cycling Sessions	Thurs	All	Fully inclusive	2.00pm - 3.00pm	Falkirk Stadium	May - Oct 22	goga@fvds.org.uk
Get Out Get Active: Cycling Sessions	Thurs	All	Fully inclusive	3.00pm - 4.00pm	Falkirk Stadium	May - Oct 22	goga@fvds.org.uk
Enable Arion Swimming Club	Thurs	All	Learning Disabilities	7.15pm - 8.15pm	Peak, Stirling		m28williamson3@hotmail.co.uk
GOGA Walking Session	Fri	16+	Fully inclusive	11.30am -12:30pm	Camelon Sensory Centre		goga@fvds.org.uk
Wheelchair Basketball	Fri	16+	Fully inclusive	6:30pm to 7:30pm	University of Stirling	Semester time	josh.manson@hotmail.com
Forth Valley Flyers Athletics Club	Fri	All	Physical, Sensory & Learning Disabilities	6:00pm - 7:15pm	Grangemouth Stadium		graham.harvey@fvds.org.uk
Dolphin Club (2 Saturdays per month)	Sat	Various	Various	5.00pm - 6.00pm	Grangemouth Sports Complex		graham.harvey@fvds.org.uk
Disability Cricket	Sun	Various	Various	10am to 11am	Westquarter and redding Cricket Club		Stephen Sutton (WRCC) < Stephen.Sutton@wrcc.org.uk >
Indoor Bowling	Sun	Various	Various	12noon to 2:00pm	Falkirk Indoor Bowling Club		Ron McArthur : mrronmcarthur@btinternet.com