



Strategic Plan

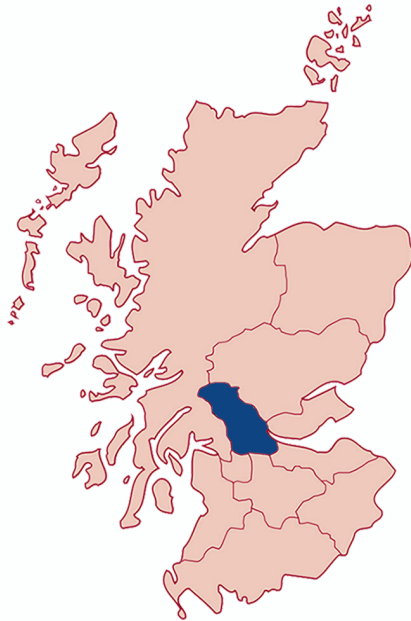
2024-2027

Enhancing life chances for people with disabilities across
Forth Valley through sport and physical activity



About Forth Valley Disability Sport

Established in 1981, Forth Valley Disability Sport (FVDS) is one of fourteen branches across Scotland leading the development of inclusive sport and physical activity.



Through sessions, clubs, activities and events, FVDS provides opportunities for children, young people and adults with a disability to be physically active.

Opportunities range from grassroots to international level.

Our Vision

Enhancing life chances for people with disabilities across Forth Valley through sport and physical activity.

Our Mission

Through a collaborative, aspirational and inclusive approach with key partners, we will create opportunities, develop people and build a sustainable network across Clackmannanshire, Falkirk and Stirling.

Our Values

We will **INSPIRE** through

Inclusion

Nurture

Support

Progressive

Integrity

Respect

Equity



Our Partners

Our key partners are vital in the development of opportunities across Forth Valley.



Clackmannanshire
Council
www.clacks.gov.uk

Comhairle Siorrachd
Chlach Mhanann



Falkirk Council

We also work closely with various other partners and agencies:

- Centre Forward Programme
- Braveheart
- Forth Valley College
- Forth Valley Sensory Centre
- NHS Forth Valley
- Scottish Learning Disability Sport
- sportscotland
- University of Stirling

Our Member Clubs

Through strong partnerships with our member clubs, we offer sporting pathways across both disability specific clubs, and clubs who are committed to inclusive practice.



Key Impact Areas

Our Strategic Plan aligns with the Scottish Disability Sport Key Impact Areas:

Engage & Participate

Pathways

Education & Learning

Partnerships & Communication

Leadership & Governance

Engage & Participate

FVDS believe that children, young people and adults with disabilities have equality of opportunity to access sport and physical activity across Forth Valley.

We have an ambitious aim to offer cost-free opportunities across Forth Valley.

Key outcomes

- Increased number of children, young people and adults with a disability engaging in FVDS events and activities
- Increased number of adult opportunities



Pathways

FVDS aim to motivate and inspire our team to achieve their personal best.

We want participants, athletes, volunteers, coaches and staff to be aspirational for themselves and others.

We foster a culture of growth in a highly supportive, empowered and partnership-based environment.

Key outcomes

- Increased number of mainstream clubs offering inclusive coaching and competition
- Increased number of participants and athletes competing in SDS National Championships
- Increased number of appropriate competition opportunities.
- Pathway opportunities are clearly defined, well-communicated and accessible to all community members



Education & Learning

FVDS aim to be the lead provider of educational (training and development) opportunities across Clackmannanshire, Falkirk and Stirling.

Through partnership working, we will provide a comprehensive programme to ensure Team FVDS and partners are informed, engaged, and included.

Key outcomes

- An annual comprehensive calendar of education opportunities is in place for all stakeholders
- FVDS to provide high quality training opportunities for staff



Partnerships & Communication

FVDS aim for excellence in communications – we will create a PR strategy to improve our digital footprint in order to celebrate the work across Clackmannanshire, Falkirk and Stirling and beyond. Effective communication is at the heart of effective governance and growth, and we aim to improve in this area.

Key outcomes

- Effective partnerships across the Forth Valley area to grow branch provision and support local authorities
- A highly effective PR and communications strategy is in place, understood and utilised by all
- Team FVDS culture where success is celebrated and recognised
- Team FVDS values are lived and breathed



Leadership & Governance

Inspiring leadership and exemplary governance are the cornerstones of our ambitious vision for the future as a Branch.

We will continue to self-evaluate and review process as we aim to be one of the leading Disability Sport Branches in Scotland.

Key outcomes

- SDS MOR status maintained.
- FVDS remains compliant with OSCR
- High quality strategic planning, monitoring and evaluation
- Financial Resources in place to deliver the Strategic Plan
- Financial Resources in place to sustain FVDS current staffing
- Team FVDS has strong leadership underpinned by robust governance and clear strategic direction

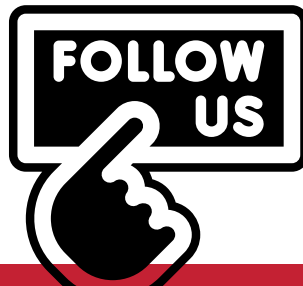




 **info@fvds.org.uk**

 **fvds.org.uk**

 **07484010633**



 **ForthValleyDisabilitySport**

 **ForthValleyDS**

 **ForthValleyDisabilitySport**